



PRINCE
ALFRED
COLLEGE



Parent Handbook | Year 1

Staffing List and Contact Details

Classroom Teachers

- Kate Ricketts, 1R
- Steph Walker, 1W.

Support Staff

- Michelle Bennett
- Georgina Capes.

Specialist Program

Boys attend specialists lessons each week to compliment the classroom program. These lessons provide a balanced and engaging curriculum designed to challenge and excite the boys in their learning. They are characterised by key experiences at each year level, which build sequentially to develop students' knowledge skills proficiency.

- Arts
 - Music
 - All boys receive one 60-minute lesson per week.
 - Young Voices – Reception to Year 2 boys start their singing journey through warmups, rounds and songs which foster musicianship and build communication skills, confidence and cooperation.
 - Dance / Drama
 - Junior Primary students perform music and basic movements to selected songs for the annual Nativity Performance, and wear their costumes the following day to participate in the Norwood Christmas Pageant.
 - Year 1 boys work with speciality dance artist-in-residence to create a dance piece which is shared with families and the school community.
 - Visual Arts
 - All boys receive one 60-minute lesson per week.
 - Jack de Vidas Art Exhibition – Year 1s participate in the school's annual exhibition with entries voted for year level prizes.
- Language – Chinese
 - Our Chinese program spans from the ELC to Year 6, ensuring a comprehensive learning journey.
 - All students participate in the Chinese program offered.
 - Reception to Year 2 boys have one 60-minute lesson, per week.
 - In Year 1, the Chinese program continues to build foundational language skills through interactive and engaging activities.
 - Cultural learning includes celebrations of the Chinese Spring Festival, Mid-Autumn Festival and Dragon Boat Festival.
 - Students learn to talk about age using simple sentence structures.

- Vocabulary development focuses on colourful animals.
- Students learn to describe basic physical appearance using simple descriptive language.
- Physical Education / Sport
 - Boys receive one 60-minute PE lesson per week and are allowed to wear their PE uniform to school on the day of PE.
 - In Junior Primary years, the focus of lessons is on developing fundamental movement skills through activities and games.
 - Topics include striking and fielding games, invasion games, net/wall games, target games, gymnastics, athletics and swimming.
 - Reception to Year 3 students participate in a weekly Sports Sampling program, run during the school day.
- STEM
 - Boys receive 60-minutes of instructional time per week, held in the STEM classroom.
 - In Year 1, The STEM program integrates content knowledge with design thinking and hands-on learning. The program covers physical, biological and earth and space concepts of the Science curriculum and integrates opportunities for boys to utilise design and digital technologies to create solutions and apply their knowledge.
 - Boys have experiences with digital technologies and develop skills to code virtual and physical robots such as Edison and Lego Essential constructions.
- Library
 - Year 1 boys attend library lessons once a week and have the opportunity to borrow books each week for home reading. These will include a variety of picture books, novels and non-fiction books.

Specialist Lesson Timetable

1R

- Monday – Art, Library
- Tuesday
- Wednesday – Music, Dance, PE
- Thursday - Chinese
- Friday – Science, Assembly.

1W

- Monday – Chinese, Stem, Music
- Tuesday
- Wednesday – Dance, PE
- Thursday - Art
- Friday – Assembly.

Vision Screening

As educators and parents, we know that good vision is paramount to learning and development. Vision problems can make learning difficult, stressful and prevent children from achieving their full potential.

In consideration of the importance of vision, Prince Alfred College conducts an annual vision screen for all boys in Year 1. Optometrists will visit the school to test visual acuity (the ability to see fine detail), binocular vision (co-ordination of the eyes), colour vision and eye health.

Following the screening a report detailing the findings and recommendations will be provided to each family.

Homework

Expectations

Homework expectations are summarised in the Student Diary for ease of student understanding. If you would like to access the formal policy document, please visit 'Parent Resources' on the College website.

Nutrition and Movement

We have three eating times during the day and give the boys 10 minutes of supervised eating time during morning snack (fresh fruit / vegetables), recess and lunch. Please remember we are a nut aware school - do not pack any nut products in your son's lunch box. Boys have access to various playgrounds, sporting equipment and open spaces during breaks, and have 'movement breaks' incorporated into lesson time as required.

Belongings

Naming

It is important to have all uniform items and belongings labelled. We recommend that toys are left at home to avoid being lost or damaged.

Lost Property

Lost property is located in the Preparatory School Office.

Special Events

Events

For a summary of Preparatory School Events, please access our [online Events Calendar](#).

Clubs and Activities

We look to cater for all student age groups in our Clubs Program – please view the current [brochure online](#) for further details, updated termly.

Excursions / Incursions

Throughout the year, our students undertake a variety of excursion and incursions, which supports our curriculum development, and understanding of the world around us.

- Morialta with Outdoor Education
- Art Gallery
- Botanic Gardens
- Old Tailern Town.

Parent Representatives and Volunteers

FoPAC

One of our four College values is 'Belonging'. Our parents, supported by the '[Friends of PAC](#)' (FoPAC), have many events and opportunities to get to know one another and welcome new families to our community.

Parent Representatives

Parent Representatives play an incredibly important role within the College community. New families are encouraged to ask their son's class teacher to put them in contact with their FoPAC Class Representative.

Volunteers

Throughout the year we require volunteers for various activities and events. All volunteers must have valid working with children checks. There will be a volunteer information session held in Term 1 – please speak with your son's teacher if you are interested in volunteering.