



PRINCE ALFRED COLLEGE BOARDERS' HERALD

SEPTEMBER 2023 - EDITION 14



Boarding – a community that serves

PHIL NOBLE – DIRECTOR OF BOARDING

After three very challenging and different years in boarding, we have once again returned to what we do best – providing a full suite of opportunities for all our boarders to develop, experience and follow their dreams. As a community, we value the engagement of our boarders in a wide variety of pursuits: academics, sports, performing arts, recreational activities, and service initiatives.

With the resumption of paused experiences such as tours, community, and service events accessible to our boarders it is tremendous to see them making a difference once again. Throughout the past year, so many of our boarders, their families

and our staff have engaged in meaningful causes and projects that assist people and the world in a variety of ways. This has included fundraising for charities, raising awareness of illness and wellbeing, supporting national events, helping in flood protection and recovery projects, and caring for the environment. There is no cause too small for our community.

This past 12 months the boarding community has raised funds and awareness for cancer research through the Relay For Life, Shave For a Cure, and the Mother's Day Classic. Over 100 staff and students completed 3,144 push-ups each and spent the month of June discussing men's health issues and self-care. We also planted trees and removed



PAC students and staff with the Schultz family at Gurra Gurra.

LEFT: Boarder Harry Miller carefully shaving Mr Noble's head as part of Shave For A Cure campaign.

"Unless someone like you cares a whole awful lot, nothing is going to get better. It's not."

– Dr. Seuss

invasive species as part of the Fork Tree project on the Fleurieu Peninsula. Another significant event was the call to arms during the 2022/23 Riverland floods, where a team of boarders helped build a moat wall around the house of one of our boarding families at Gurra Gurra late last year. The wall held, with the main house surviving the flood. Recently a second team of volunteers headed back up to Gurra Gurra to assist with the clean-up.

"We reap a reward merely in the act of helping others. We never know how, or if, that reward will come back to us. Helping is the reward; none other is needed nor better."

– Terry Goodkind

Within our community, we have a focus on

creating global citizens who have compassion, empathy and a drive to make a difference in the lives of others. We encourage active participation, and a willingness to 'work hard and be kind'. To think of others and lend a hand, builds resilience and patience with others. And as we give to others, we understand that at any time, it may be us that needs the support of mates and our community.

At Princes, we are committed to nurturing and developing Prince's Men. Men with compassion, who care and support others. Men with a sense of duty, honour, and integrity. Men with courage and emotional strength. Men with purpose who will make a positive contribution to society.

PRINCE ALFRED COLLEGE

Visit 23 Dequetteville Terrace, Kent Town, South Australia (entrance off The Parade West) Post PO Box 571, Kent Town SA 5071

Phone 08 8334 1201 Email boardingadmin@pac.edu.au Facebook [Boarding@Princes](https://www.facebook.com/Boarding@Princes)



PRINCE ALFRED COLLEGE BOARDERS'

NEWSLETTER

SEPTEMBER 2023 - EDITION 14



Phil Noble



Will Mercer



Deb King



Dylan Pippett



Ben Lewis



Tim Quinn



Chris Theakstone



Heather Would



Scott Nystrom



Jenny Toh



Alice Brister



Ellie Stroeher



Henry Bittner



Robyn Blenkiron



Connor Craigie



Sam Bromley



Pete Giffard



Anna Thomson



Mark Marno



Pauline Seaman



Sofija Stojavljevic



Betty Coppinger-Starkey



Colleen Fagioli



Branka Bogdanovic



Bronte Nicholas



Kamala Chapman



Adora Diloy



Simon Ollerenshaw



Samara Ollerenshaw



Simon Muir

Meet Our 2023 Boarding Staff

The boarding team at Prince Alfred College enjoys a great sense of unity and common purpose in caring for our boys. These staff are the pillars of support that keep our boarding house running smoothly, and each plays an important role in enriching the lives and experiences of our boarders. Please take a moment to see what we look like! We look forward to seeing you in person when you are next in the boarding community.

Introducing...

Director of Boarding: **Mr. Phil Noble**

Assistant Director of Boarding (and Academics): **Mr. Will Mercer**

Senior Residential Assistant (International Students): **Ms. Deb King**

Senior Residential Assistant (Service): **Mr. Dylan Pippett**

Senior Residential Assistant (Indigenous Students): **Mr. Ben Lewis**

Senior Boarding Assistant (Community Engagement): **Mr. Tim Quinn**

Boarding Activities Coordinator: **Mr. Chris Theakstone**

Boarding House Administration and House Parents: **Ms. Heather Would, Mr. Scott Nystrom, and Mrs. Jenny Toh.**

Residential Assistant: **Mr. Matt Ahearn**

Boarding Assistants: **Mrs. Katrina Davies, Ms. Alice Brister, Ms. Ellie Stroeher, Ms. Linda Khun, Mr. Mitch Larsson, Mr. Henry Bittner, Ms. Robyn Blenkiron, Mr. Oscar Clark, Mr. Joe Murdock, Mr. Connor Craigie, and Mrs. Sam Bromley.**

College Counsellor: **Mr Pete Giffard**

School Nurses: **Anna Thomson, Mark Marno, and Pauline Seaman.**

Housekeeping & Laundry: **Sofija Stojavljevic, Betty Coppinger-Starkey, Colleen Fagioli, Branka Bogdanovic, Bronte Nicholas, Kamala Chapman, Adora Diloy, Simon Ollerenshaw, and Samara Ollerenshaw.**

Catering Manager: **Mr. Simon Muir**



Matt Ahearn



Katrina Davies



Linda Khun



Mitch Larsson



Oscar Clark



Joe Murdock

Message from the Editors

For the 2023 Boarders' Herald, we sought to create an engaging and page-turning newspaper that appeals to all. With the much-appreciated help from Senior Boarding Assistant Mr Tim Quinn, the team of editors were able to produce an informative paper that provides the Princes boarding family with the daily happenings of each of the 150+ boarders. We would like to thank the boarders and staff who kindly dedicated some of their time to creatively write pieces to fill this entertaining paper, and thank you to Mr Andrew Manuel for his work and support in putting this together with us. We really hope you enjoy reading the 14th edition of the PAC Boarders' Herald. – Toby Baker and Hamish Penhall, Herald Editors and Boarding Prefects.



Chris and Maria enjoying some travel.

Welcome Back Mr Theakstone

MR CHRISTHEAKSTONE
BOARDING ACTIVITIES COORDINATOR

Firstly, I would like to thank all staff, students, and parents for welcoming me back into the Boarding community. For those who don't know, I previously worked in the Boarding House as a placement student from the University of Bath for 12 months during 2017/18. I did not hide the fact that I had no desire to leave and return to England, having learnt what a special place the Boarding House and PAC was, and still is. I have been rather busy since this time, completing an undergraduate degree in sport science, a teaching degree, and for the past 3 years, being a PE teacher and Assistant Head of Year in England. Throughout this time, I always knew I would one day return to Australia and to Prince Alfred College.

As you may expect from your new Activities

Coordinator, my passions are travelling and sport. Sport for the most part. I am a close follower of Crystal Palace Football Club, one of the lesser-known clubs in the English Premier League. Whilst I support Crystal Palace, I follow every game, every week and I am always free for a chat about the weeks results and games to come! Growing up, I played a considerable amount of soccer too, reaching regional leagues and playing in various academies. Since stopping soccer due to injury, cricket has become my main sport, having played for the Old Scholars in my previous time at PAC. Many of you will know this already from conversations throughout the recent Ashes series in which England were robbed (I had to get it in somewhere).

More recently, many of you will have met my partner, Maria. Maria is originally from Rhodes, Greece, and enjoyed some time travelling and

seeing her family before moving out to join me here in the Boarding House in July. We have lived together in England for the past 4 years and are both very excited by the opportunities available here in Adelaide. Unfortunately, we have had to leave our little Dachshund with Maria's parents in Rhodes, though we are hopeful he will make it out one day! We travel a lot, particularly Maria, who has scraped off the best part of 80% of Europe from a scratch map, putting me to shame on the travel front.

My initial time at Prince Alfred College inspired me to become a teacher and work in education. The warmer weather and lack of rain has also drawn me back, although this reason has been dampened by the winter weather lately (pun intended). I look forward to speaking with you all further and getting to know you more throughout the rest of this year and beyond.

Farewell Mr Bittner

At the end of 2022, we bid farewell to one of the College's stalwart boarding staff members in the form of Mr Will Bittner. Will's decade in Princes Boarding is a testament to his dedication not only to his work but to every boarder that he worked with. Anyone who spent five minutes with Mr Bittner could quickly see that he had the personal development and Wellbeing of every boarder rooted at the core of every interaction.

Beginning his time at PAC in 2013, Will was a Senior Staff member, as well as holding responsibility as the International Student Coordinator in 2017, and Activities Coordinator between 2020-2022. Having lived in four different residences across the school campus (Hartley, Villa, Chapman, and 17 Flinders Street) Will has an intimate knowledge of most residential buildings at the College.

Family and community are always at the centre of boarding life, and Mr Bittner knew this well, with Will and Julie welcoming both their sons, Jacob (4) and Brodie (2) to the world while living on-site. It was this focus on family that has seen the Bittners make the move to the Yorke Peninsula to take up teaching posts at Maitland Lutheran School.

As a farewell to Will, we asked a few key questions of him that we feel reflect the key impact he has had on Boarding at Princes.

What attracted you to working in boarding to begin with? I was attracted to working in boarding following my own experience as a boarder at Immanuel College from Years 10-12. I thoroughly enjoyed my time as a boarder and feel that the experiences and opportunities that it gifted me had a profound impact on my development as a person. After graduating in 2007, I felt a pullback to boarding and wanted to be involved in making the boarding



experience as enjoyable and meaningful as possible for others, as the staff did for me when I was a student. In 2012, I started as a casual boarding supervisor at Westminster School, and then joined PAC from 2013.

What changes did you witness in PAC boarding over your time? I witnessed perhaps more change than most in my 10 years at PAC. The most significant of these would have to be three headmasters and directors of boarding, the introduction of a comprehensive online boarding and leave management system in the form of REACH, the building of the new dining hall and the library extension, and most significantly, the construction and transition to the new boarding house; by far the biggest change!

What was the thing you enjoyed about boarding the most? The time you get to spend forming deep and meaningful connections with the students and their families, as well as the other boarding staff and their families. Seeing boys develop into young

men and Having the privilege to witness, and play even a small part in this, was always something I truly enjoyed.

What do you miss most about boarding? Simply put: the community. Being a part of the boarding community makes working in boarding more than just a job. I do miss that feeling of being part of the boarding family. Colleagues - I miss you all! And I certainly miss Danny's Yum Cha!

What have you been up to over the last 6 months? Currently living in North Beach on the Yorke Peninsula, with my wife Julie and our boys, and teaching Year 6 at Maitland Lutheran School. We have enjoyed the move back out to country living, having fun spending weekends together as a family, and getting out caravan camping when we can.

Finally, Mr Bittner was always a fan of a Star Wars quote or two, especially given his goateed likeness to a young Obi-Wan Kenobi. So, Sir, we say 'Goodbye old friend. May the force be with you'.
ABOVE: Will and the Bittner family.

Reflecting on Monty's time in boarding

MR WILL MERCER - ASSISTANT DIRECTOR OF BOARDING

At the conclusion of 2022, we bid farewell to a familiar face within our boarding community, Monty Mott. Monty's story began in 2018, when he started his boarding venture as a residential supervisor in Hartley before, transitioning to the Lord 4 residence in the new Boarding House in 2019.

Monty's foray into the world of boarding was driven by a profound interest in nurturing young peoples' learning, as well as honing his skills and aptitude toward a career in Education. Unsurprisingly, Monty coupled his time at the College with the completion of a Bachelor of Education, finishing his course during 2022. Monty's measured and composed approach to everything he did quickly positioned him as a capable staff member, something he continued throughout his time with us.

Beyond the confines of day-to-day boarding routines, Monty found particular joy in the unscripted moments of connection with students and the more relaxed environment boarding offers when compared to traditional schooling contexts. He fondly recalls the lighter moments of his time in boarding, including his adventures in paintball outings with senior students. Despite often finding himself on the receiving end of some enthusiastic shots, these shared experiences etched memorable solidarity into the fabric of boarding life.

Monty Mott's tenure in our boarding community will undoubtedly remain a prized part of our narrative. As he embarks on fresh horizons as the HPE Coordinator at Mary MacKillop College, we extend our heartfelt wishes for success as he ventures into all things teaching.

Farewell, Monty.



Mr Monty Mott.



Mr Russell Williams.



Mr Nick Demianyk.



Ms Sarah Habel.



Mr Jeremy Edwards.



Mr David Finch.

Farewell to boarding staff

We would like to farewell and acknowledge the contributions of the Boarding staff that have left us throughout the last year, and wish them all the best for their future endeavours.

MR RUSSELL WILLIAMS: We farewell Russell after 10 years at PAC Boarding, retiring at the end of 2022. Russell was a former British cycling champion and commentator before beginning work in boarding.

MR NICK DEMIANYK: Nick was a former PAC School Captain before joining us as Boarding

staff in 2019. Nick completed his tertiary studies in Aeronautical and Mechanical Engineering at the University of Adelaide, and has moved on into a position within his field.

MS SARAH HABEL: Sarah joined us as a former member of the Outdoor Education staff at Scotts Creek before joining Boarding in 2022. Sarah is completing her studies in Paramedics at Flinders University, and has moved on to begin her professional career working for the South Australian Ambulance Service.

MR JEREMY EDWARDS: Jeremy joined us in 2022 as a Residential Assistant. He moved to Adelaide to complete his Master of Education whilst on a year of leave from Geelong College where he taught English and Drama. Jeremy has since returned to Geelong College.

MR DAVID FINCH: David also joined us in 2022 with a wealth of experience boarding and school leadership, particularly in Queensland. David has returned to Brisbane, where he is now Head of Year 9 Boarding at Marist College Ashgrove.



Growing a boarding family and community

MRS TABITHA NOBLE, BOARDING PARTNER

Working in a boarding community is all consuming. It is a job that extends beyond the regular working day or indeed week. As a boarding family for 12 years, when our eldest was just 9 months old, we have actively sought ways to integrate boarding into our family life. We enjoy the opportunity to participate in activities, share meals and build relationships with boarders and their families. This is the payoff for sharing so much of our husband and father, and we truly believe that it adds more to our family than it takes.

A key element of Phil's vision when he became Director of Boarding was to actively seek connections with boarding families in their regions, and so, in July of 2021 we took our first family trip, visiting the Yorke Peninsula, Southern Flinders and Clare Valley. Our children have grown up in boarding and have watched as young men come and go each term, knowing that they travel from all over to come to Princes, but not really understanding what that means. We spent quality time in the car together, navigating through towns, reminiscing about numerous families as we travelled, playing car cricket and eye spy, and enjoying many tales of Phil's childhood in that region. We loved this time together, the exploration of our regional areas and taking the opportunity to connect with all the families who met us for a coffee or a meal.

In July of 2022 we were keen to make the most

of the relaxed border restrictions and ventured further with a trip to the NT. We were in awe, exploring the stunning areas in and around Mparntwe, Jawoyn and Larrakia countries. But more than that, we felt so privileged to be welcomed by the warm and generous families of the Northern Territory, some of whom have been in boarding for nearly as long as we have! This was a memorable trip and has served to strengthen connections for all of us with the NT boarders.

This year's July tour saw us head east. We prioritised family connection this year, which included attending to Phil's bucket list, and seeing Harry Potter and the Cursed Child in Melbourne and a Carlton Game at the MCG. As is to be expected now, we only made it to Keith on our first morning, before fortuitously arriving for a playground stop in time to find a host of current and recent boarders on the neighbouring football ground. Greater planning and intention led us to travel home via Mildura, where we enjoyed a brilliant evening with families from the Sunraysia and surrounding districts, generously hosted by the Heuzenroeder family. It was a highlight of the trip.

The life of boarding staff and boarding families is all-consuming, but it is one that has given us just as much as we have invested. To support Phil's long-term career in boarding, we have actively involved ourselves in all aspects of the boarding community and we are always proud to say we are a Princes boarding family.



Noble family dressing up at one of the formal dinners.

Mr Noble catching up with the Bailey family (PAC Boarding 2015-22)



SALLY DAVEY, GEORGIE SOUTHWOOD, AND CARLY JARRETT, BOARDING PARENTS

Thank you to the 66 parents who travelled from far and wide to attend this year's Boarders' Parents' weekend at Wallaroo. It was fabulous to meet many new families for the first time and

I think everyone would agree these weekends are a great opportunity to make new connections and catch up with old friends.

We experienced the hospitality of Wallaroo's Bond Store on Friday night, before playing a competitive lawn bowls tournament on Saturday morning. This was keenly fought out, with the Noble and Jarrett team finishing on top.

Artherton's Sunny Hill Distillery was the next port of call, where proprietor Sam Colliver led us through a tour of the facility and explained the distilling process in detail. A relaxing afternoon on the lawn listening to some live music followed before returning to Wallaroo.

The evening's dinner and auction was held at the Coopers Ale House on the marina fore-

shore, with the auction raising \$6,465. It was a lively and fun night thanks to some excellent auctioneering by Paul Jarrett. Thanks to all bidders and prize donors.

These weekends are always great fun and parents are urged to keep an eye out for details of the 2024 weekend!

Captain's Address

SIDHAK DHINGRA, CAPTAIN OF BOARDING

2023 has been a remarkably successful year in Princes Boarding. With the challenges and restrictions imposed by Covid well and truly behind us, this year has allowed boarders to embrace all the opportunities made available at PAC. For many of us, including myself, this is the first time we have truly experienced the sheer range of experiences the Boarding House has to offer. Further, these experiences have only been amplified with the addition of our new activities coordinator, Mr Theakstone. With increasing uptake in both leisure and voluntary activities, Princes Boarding is maintaining a strong communal presence and taking pride in making a long-lasting positive impact.

Over the year there have been numerous occasions in which boarding has got involved to serve the wider community. There were three occasions in particular which stood out. Firstly, PAC Boarding enrolled a team into the Relay for Life (early Term 2) where we showed our support and spread awareness for those who have suffered through or been impacted by cancer. It was fantastic to see the boys embrace all aspects of the day and even



Captain of Boarding Sidhak (second from left) with Vice-Captains Rupert and Hamish, and Mr Noble

go on to place 1st in the treasure hunt. Secondly, the Push-Up Challenge saw PAC Boarding set a record for the largest boarding activity with over 100 team members signed up. From 1-23 June the boys challenged themselves to complete a total of 3,144 push-ups to raise awareness for mental health in our community. Nationally, we peaked at 2nd place for the most push-ups completed by a single team in education. Lastly, several staff members and students shaved their heads to raise

funds for the Childhood Cancer Association. All in all, the college was able to raise over \$43,000 for this wonderful charity.

If I were to broadly summate a theme for this year, it would be mental health. Over the course of the year there has been an increased drive towards providing the boys with tools and pathways to look after their mental health. In particular, we have been trying to facilitate a safer more open environment for boys to have those difficult conversations. Activities such as the Push-Up Challenge and a recent Livin' workshop have provided education on this crucial topic. Moreover, staff within the Boarding House provided the boys with useful techniques during particularly stressful times such as exams. Overall, it has been truly amazing to see the progress boarding culture has made towards a more open and accepting approach to mental health.

Finally, leadership from both the staff and students in the Boarding House has continued to cultivate an environment of excellence and comradery. Mr Noble's never-ending passion for boarding continues to yield progress within our culture, allowing boys to establish and maintain

deep connection with their mates, staff, and the school more broadly. Mr Mercer has boosted the academic program by curating the Academic support roster and providing a watchful eye to ensure each boy is supported on their journey through secondary school.

In terms of student leadership, our designated boarding prefects played a major role in welcoming and guiding our new students through what is almost always a difficult initial transition period into Boarding. However, beyond just the badge-holding prefects the entire Year 12 cohort's leadership has been commendable. Together, we have orchestrated and upheld a high standard for behaviour and attitude towards boarding and I hope this translates into a lasting positive legacy.

Looking forward, I can only see boarding life at Princes getting better and better. The forthcoming Year 11 cohort hold great potential and I believe that they will further continue to build upon the improvements made this year. Specifically, connecting with other boarding schools and enabling every boy to strive for, and reach, their potential. It has been a true honour to captain and be a part of Boarding in 2023.



Headmaster Mr David Roberts.

A word from our headmaster

MR DAVID ROBERTS
HEADMASTER

The Boarders' Herald surpassed all my expectations when I read it last year – what a fantastic publication created specifically for our boarding community! It is a privilege to again provide an article to this year's addition. Thank you to Mr Tim Quinn, Hamish Penhall and Toby Baker for the work done on this edition.

I spoke recently at the Old Scholars dinner about boys' education and the same is true of boys boarding schools and how we work with boys.

- I stated that at PAC we must:
- seek to employ staff that love working with boys.
 - have programs that are created for boys.

■ build infrastructure with boys in mind.

Boys need to feel worth, to belong while contributing to something bigger than themselves - a team, an orchestra, a boarding house. Mr Noble and Mr Mercer understand boys' education and how life in the day school is inherently linked to the boarding school, but there must sometimes be an element of separation so the boarding house can feel like their home. They are also prepared to hold our boys to high standards and seek continual improvement in the culture of support and effort we already have.

It is our hope that the connections forged within our boarding house is the foundation of lasting friendships, teaching students to appreciate different cultures, perspectives, and ideas. Boarding life is a blend of structured learning, personal

development, the fostering of life skills, and of course, a lot of fun with your mates. The dedicated house staff you have come to know work hard to ensure each boy's physical, emotional, and academic needs are met. The routine of boarding life instils values of discipline, responsibility, and time management, equipping our boys with essential skills that extend far beyond their time with us.

To our boys, I encourage you to embrace every moment of your journey here. You are a part of a legacy that spans generations, and you play an integral role in shaping the future of Prince Alfred College. To parents and families, thank you for entrusting us with the education and growth of your boys. We consider it an honour to be partners in their development and are committed to their well-being and success.



Rijak proudly representing PAC at the Alice Springs Show

Reds reach the heart of Australia

RIJAK DHINGRA, YEAR 10 BOARDER

This year, over the semester holidays the boys from Alice Springs helped get the word out about PAC in the NT. For the first time, PAC had a stall at the Alice Springs Show, over 1500 km by road from the school. About 20,000 people came to the show, giving my brother (Sid), Angus Hall, Hugo Knight and I the opportunity to not only show why we enjoy boarding so much but also to be able to give it forward and help more boys in less urban areas to come to PAC. Mr Noble set up the stall and was there for the whole show, while we students were rostered for 2-hour sessions each across the 2 days. This led to seeing a lot of old mates and a few old scholars, and prospective parents. All in all, it was a great start to building a community presence in the heart of Australia and I look forward to attending these events in the future. "Networking is not collecting contacts. Networking is about planting relations." – Anonymous



The 10 Prefects leading the Boarding House in 2023.

Leading the way in the house

HAMISH CASE, VICE-CAPTAIN OF BOARDING

Throughout 2023 the Boarding prefects have been able to speak on a lot of situations and issues, and acting upon ideas from our community to help better our culture here in the Prince's Boarding House. Starting off with the new boy's Transition Day where many activities were held to bring the new boys into our community to feel like they al-

ready belong. We also looked into a new homework and dinner schedule which allowed for the boys to get 2 hours of homework in from the hours of 5:30pm to 6:30pm and 7.00pm to 8.00pm, with a 30 minute dinner break to break it up. Having dinner together as a whole community is very important. The work of Angus Liebich was shown within the kitchen, generating healthier meal plans for boys who asked as well as getting the boys ideas on what meals they would like to see brought

in or more of. We also had Rupert Fletcher and Charlie Mitchell facilitating our Wednesday night Dodgeball tournament through Term 3. Overall, as a prefect group we have achieved a lot and are hopefully they we have started a pathway for the Year 11 boys to follow and years after to progress our Boarding House to grow each year. It has been a privilege to oversee the Boarding House this year as a leader.



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Year 8 boarders creating home-style burgers.

Four weeks of valuable life experiences

GEORGE LONGBOTTOM & HENRY MITCHELL, YEAR 8 BOARDERS

Rotation week consists of 4 activities that all Year 8s get to enjoy throughout the year. The activities are EduCook, camping at Scott's Creek, Adelaide Week and EduCart. This provides everyone with an opportunity to try new stuff and step out of your comfort zone.

EduCook is a week of cooking that leads up to the last day where you go to the Central Markets and pick out ingredients to cook a final meal of your choice. This was lots of fun because along the way we got to learn and make yummy food.

EduCart is a week of building a go cart. The first 3 days are building it, then the last 2 days are racing it. Building a go cart helps us develop important skills that include using new tools and learning how to fit brakes, wheels, and other equipment on to your car.



Hugh cooking up a storm.

In Adelaide Week we did activities each day in the city. Places like Parliament House, Old Gaol and visiting the Police horses, as well as playing lawn bowls, frisbee golf, and pool.

Camp was a very tiring week, every day we were in kayaks paddling on the Murray River. One day we paddled from Scotts Creek all the way to Morgan! It's about 25 km! We also got to camp, staying a night in a tent and cooking dinner with a partner.



The One and All sets sail from Port Adelaide. INSET: Harry, Montrel, and Henry about to depart.

The best five weeks of year 9

**HARRY BOWMAN
YEAR 9 BOARDER**

On the Sunday of Week 1 in Term 2, another Wambana group set off. There were 3 boys off to Point Turton on the One and All from Port Adelaide. After we packed our things and said goodbye we were off for the next five weeks. We completed various activities on the way over such as climbing the ropes, steering the ship and a full tour of the ship. We arrived at Port Vincent and departed the boats and got on the buses then headed to the Wambana campus. The first week consisted of riding 160+ kilometres on rough, hilly, and unpredictable terrain. We rode on dirt bike tracks, roads, gravel tracks, and paddocks.

We also were assigned a cooking buddy who we had to cook with for dinner that week. We had to cook on trangers which were hard at first, but we got used to them quick, we also shared a 4-man tent with 3 other boys. We then moved into the Wardli (meaning dwelling in the local Narungga language) stage of the program, this was probably the most enjoyable for the boys. During this stage we had many activities, they included the fitness program, community work, visiting the farm, surfing, Bublacowie War Museum and more. The fitness program included going for runs 4/7 days a week but the other 3 we were playing games to keep fit. The runs included the 3km, the 3.8km (Pony Club), the 5km, the 7km, the 9km and finally the 11km. After our runs we would complete our

100/100s (this consisted of doing 100 push-ups and 100 sit-ups). We also completed community work, which include cleaning up the riding track and fixing the bike park in Point Turton. We got the opportunity to see a Merino stud just outside Pt Turton and learnt about sheep and got to do some jobs around the place. We went to Minlaton to do arts and crafts with people with disabilities which was a new and rewarding experience for us. Another highlight, we surfed at Berry Bay South and Berry Bay North we all grew in our skills and knowledge of surfing. Week five meant leaving the Wardlis and moving on to our Melrose expedition in the Flinders Ranges. Wambana was a great experience, we all had a great time and wish we could go back there.



Boys getting ready for some ultimate frisbee.

A great way to say g'day

**RUPERT FLETCHER
VICE-CAPTAIN OF BOARDING**

The Boarding House Team Building Day is always held on the Sunday after the first week of school. It is always a fun day out for all boarders to meet and share some fun together. I have been fortunate to be able to participate in the Team Building Day in two different ways - as a Year 10 and 11 participating in all the games and events and having the opportunity to meet all of the new kids, and this year, as a Year 12 and Boarding Vice-Captain, I had the privilege of organising and chaperoning the event. It was great to step back and watch all the old boarders and new boarders

mix and well as helping to make sure that everyone was included in the games.

It was also nice to see all the boys after the summer holidays and hear about what they got up to - there was a great energy in the air. The Team Building Day is aimed to help the new boarders mix in and meet new mates to help them transition into boarding. It also gives a chance for old boarders to ask how new boarders are setting in and make sure they are doing okay with such a big change. I see the Team Building Day as one of my favourite days and one of the more important days in the boarding calendar. 2023's addition was no exception with all labelling it a success!



PRINCE ALFRED COLLEGE BOARDERS'

NEWSLETTER

SEPTEMBER 2023 - EDITION 14



Cowboy themed formal wear.
RIGHT: Gav and Rupert suiting up.

Engaging with the boarding family

JIMMY MURCH
YEAR 12 BOARDER

Throughout our extended time spent within the college, the prospect of community and connection is explored through many opportunities. Simply dining with the boys each night offers a time to catch up with the lives of your peers, to express emotions, to express opinions, and to reflect, all while digging into a lovely meal.

It tends to be the case that conversations can be cut short, by the demands of our set homework time. So, we celebrate an extended formal dinner once a month hosted by boys from a certain region or part of the world. These boys designate a theme for the evening and a two-course meal that will be shared amongst us all. Upon these nights, people put on an outfit that portrays the theme, this instils a sense of silliness, and is a fun way to engage all members of the community, and spark social interaction. With boys commenting on each other's outfits and awards handed out for 'Best Dressed'.

We delve into a meal that is popular among the majority of the boys, which boosts everyone's mood entirely. Once dinner is finished each table dives into a quiz upon the hosting region and general knowledge, this promotes even more communication and collaboration. Getting involved in the kind of informal formal dinners provides oneself with positive emotions. Laughter, joy, and a sense of togetherness are found in these times. I have found that simply the act of eating together, fosters a sense of community and belonging.



Our most frequent visitor

TOBY NOBLE
VETERAN HONORARY BOARDER

This year is my 13th year of boarding. No, I have not failed, but I have lived as part of this community with my family and the boarders all this time. Some of my early memories include my first Relay for Life event when I was 1, sleeping through the rain and hail at SANTOS stadium to sharing dinner with the Year 10's when I was 2, as dad was the Head of Hartley Wing. Most recently, my family struggled through the Covid-19 rules limiting our time with the boys, not being allowed to join in on things or dinner but we did get to have two special Christmas holidays with the international boys who couldn't go home.

I have enjoyed hanging out with the boarders



ABOVE: The lights of Shanghai never looked so good! RIGHT: The eight remaining International students who spent 3 years in Australia (left to right): Alan, Peter, William, Jinkai, Martin, Stephen, Duke, and Oakley (front).



International students finally go home

OAKLEY SHI, YEAR 11 BOARDER

After Covid-19 caused chaos all through the world, a group of us International students were here in Australia for 3 years. At the end of 2022, we were finally able to go home, for some of us it had been over 1000 days since we had seen our families. I arrived in Australia in January 2020 in Year 8 as a boarder. Finally going home in December 2022, I felt extremely excited and surprised about the change of my

hometown city—Shanghai. Various of new building and advanced technology impressed me a lot, representing the rapid development across China. At the same time, crowded people and traditional Chinese food made me feel familiar with my hometown. Walking through the historical alley called "NongTang" brought me back to my childhood. Sharing my life experience about Adelaide brought significant attraction and interests to both my family and friends. All the international students had similar experiences, spending an amazing holiday break at home for the first time in a while. This gave us great opportunity to refresh from the busy and tough life overseas. As we move into a world less constricted by Covid, the international students will be more focused and passionate towards school and all the challenges that come with it.



Toby with the other Year 7 boarders

back and front yard of course being the Front and Back Oval; I even have a gym, tennis courts, and even a pool, basketball courts, and of course a lot of older brothers from around Australia!



Nurses Pauline, Anna, and Mark in front of the Health Centre.

Help us to help you

MR MARK MARN
PAC NURSE

"Health is a state of complete physical, mental and social Wellbeing and not merely the absence of disease or infirmity." This is the definition of health by the World Health Organization (WHO) who launched the Health-Promoting Schools programme in 1995.

A Health-Promoting School can be characterised as a school constantly strengthening its capacity as a healthy setting for living, learning and working. A holistic approach to the development of young people sets the trajectory for

lifelong Wellbeing outcomes. It encompasses many sides of life: social, cognitive, emotional, physical and spiritual. Prince Alfred College, as a Health-Promoting School, is keen for you to work with us to achieve this goal ... particularly in the Boarding House.

The PAC Health Centre, staffed by three Registered Nurses, assist with all your health needs ... not only when you are sick or injured. Studies have repeatedly and consistently identified the effectiveness of School Nurses in improving student health, education, and Wellbeing. Interventions by School Nurses have been shown to be valuable for health promotion, early intervention, and timely care for students, facilitating access to health care,

chronic disease management, coordinating care and reducing absenteeism.

Where nurses are an integral part of the school team and act as a central point of communication, there is greater capacity for understanding students' needs and mobilising targeted, appropriate and coordinated care. With this in mind, and in line with education strategies, we want to work in partnership with the whole boarding community - boarders, parents and staff - nurturing, developing and empowering our young men with the knowledge, skills and capabilities they need to become fulfilled individuals, active, compassionate citizens and lifelong learners.



PRINCE ALFRED COLLEGE BOARDERS'

NEWSLETTER

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PAC boarders with student mentors from St. Ann's College

The future is bright

Every Wednesday evening, Aboriginal and Torres Strait Islander students from Prince Alfred College travel to St Ann's Residential College to participate in tutoring offered by Indigenous university students. It's a great opportunity to get help with our studies, but it's also a chance to see what a residential college is like, and learn about the opportunities that are available to us for our tertiary studies.

The university students are helpful and patient, and they've been able to answer all our questions. We've also learned a lot about the different courses

that are available at university, and are starting to think about our study options. Residential colleges seems like a great place to meet new people and make friends, and it would also be a lot of fun.

Overall, I'm glad that I'm able to participate in this tutoring program. It's been a great opportunity to learn and grow, and given us a lot to think about for the future.

Montrel Coleman Year 9 Boarder, Harry Miller Year 11 Boarder, Gareth Dudley Year 12 Boarder, Carlin Miller Year 9 Boarder, and Melique Andrews Year 10 Boarder



The PAC Relay for Life team in their entirety.

Let's beat cancer for good

ANGUS HALL, YEAR 10 BOARDER

Early in Term 2, May 6-7, boys from boarding came together to participate in the 2023 Relay For Life. A fundraising event where a baton has to be kept moving around a track for 17 hours. It raises funds and awareness about cancer for the Cancer Council. The boys broke up into two separate teams and took turns in running laps with the baton, the team with the most laps completed won. There were also activities hosted by the Cancer Council throughout the day and night, to keep everyone that wasn't running entertained and motivated. These included a newspaper dress up competition, a silent disco, themed laps and more. It was great for the boys to get out of the Boarding House for the night and doing something for a great cause. Many boys in boarding have family that cancer has affected one way or another.

All the boys did an excellent job at keeping



Eddie, Angus, and Ky at 3am.

the baton going the whole way, even when the temperature got down to a lovely 2C overnight. Notably, George Koch and Francis Venning could be seen during the early hours of the morning sprinting laps for their team, a sight for weary eyes. Well done to all involved.

Resident Artist

DUKE ZHANG YEAR 12 BOARDER

My name is Duke Zhang, and I am currently in Year 12 in my sixth year at PAC Boarding. My hobby is drawing, it allows me to completely immerse myself and express my creativity. Most importantly, learning to draw helps enhance my sense of aesthetics. I consider aesthetics to be crucial element of life, as it is a skill that many people lack in today's society. Having a good sense of aesthetics allows me to better understand others. My future goal is to become a designer in the gaming industry. I believe that the gaming design industry has a vast and thriving market. Creating game characters from scratch is both fun and meaningful to me. To achieve my future career goals, I have studied various drawing techniques, such as sketching, watercolour, oil painting, Chinese painting, and more.

Among them, sketching is the technique I have spent the most time on. It is worth it be-



Duke with his work at the student showcase in 2022.

cause sketching is the foundation of drawing. By practicing sketching, you gain the ability to deconstruct the subjects you want to draw and it helps you develop a sense of control over light and shadow in your artwork. If someone is interested in drawing, I highly recommend dedicating a significant amount of time to practicing sketching. Trust me, the effort will pay off.

Embracing Holistic Growth: 'Process Over Outcome' Focus in Academics

MR WILL MERCER ASSISTANT DIRECTOR OF BOARDING

Lots of changes in the Academics space this year, and for the Boarding community, there are plenty of positives to take away. The introduction of the Approach to Learning (ATL) framework in the day school has sparked a paradigm shift, steering our focus away from conventional A-to-E summative grades and toward nurturing students' holistic development. The ATL framework has empowered our dedicated staff to engage in meaningful conversations with students, emphasizing the significance of the learning process itself, and valuing students' efforts and behaviours throughout their academic journey. The underlying principle of 'process over outcome' has infused every academic interaction this year, toward fostering

a positive and encouraging environment that nurtures students' growth.

Our new weeknight homework routine has now very much become the norm for our boys. Adopted to support students' application and attention, catering to their desire for a later dinner, and to optimize our evening routine, the introduction of two one-hour homework sessions, interspersed with a break for dinner, has yielded notable outcomes. Students are now exhibiting heightened engagement and application during homework time, while also steering clear of poor nutritional choices that often result from prolonged study sessions following an early dinner.

Boarding Academic support has also experienced substantial growth, underscoring our commitment to nurturing all students at all levels. We now have sixteen academic staff members present in the library on a fortnightly basis, demonstrating

a robust support system that is integral to students' academic success. These dedicated individuals have been instrumental in guiding students through their studies, providing valuable insights, and aiding them in overcoming Academic challenges.

The positive feedback garnered during the Term 4 examination period has paved the way for an enhanced rollout of Academic Masterclasses in the weeks leading into both middle and senior school examinations. This strategic initiative has proven invaluable in equipping students with the necessary tools and strategies to excel in their exams, bolstering their confidence and overall academic performance.

As we continue to tailor Boarding Academics to the needs of our boys', it is always encouraging to see a boarder take on the academic challenges of Secondary Schooling and apply the skills and attitude necessary to achieve his utmost potential.



Year 12 students Tom, Luke, Jack, and Jack utilising a study room.



Small group of boarders dedicated to filling sand bags.

Helping our community in the Riverland

GUS LIEBICH
BOARDING PREFECT

Embarking on a journey from Prince Alfred College to the picturesque Riverland was not just an ordinary drive; it was a remarkable experience that showcased the power of teamwork, the importance of disaster preparedness, and the warmth of community spirit. Upon arriving at our destination, we were greeted by the urgent need to protect the house of a PAC boarding family from the looming threat of the 2022 floods. Armed with sandbags, a symbol of our determination, we set about our task.

With students pairing up to form a seamless chain of sandbag fillers and holders. Each bag, filled with sand, was tied up and placed around the house, creating a barrier against the encroaching waters.

The real lesson, however, lay not just in the physical act of sandbagging, but in the flood’s sobering reality that confronted us. As we toiled

under the sun, the stories of past floods were passed on as we learned about the importance of coming together in times of crisis and taking proactive measures to protect our communities. A well-deserved break came in the form of a hearty lunch, a simple yet satisfying spread of sandwiches and refreshing drinks. The true impact of our efforts became evident when we witnessed the house, we had worked so hard to shield from the rising waters weeks later. Thanks to our collective determination and teamwork, their home stood strong against the threat, a testament to the difference we could make when we stood united.

This was an experience that was close to my own heart, as a boy from Waikerie in the Riverland, I wanted to be part of something to help those around me. Thankfully, the floodwaters have receded, but the memories of our efforts, the lessons learned, and the impact we had on the lives of the people we helped will forever be remembered.



Gus and Toby greet donors at The Parade.

Boarders supporting a great cause

TOBY BAKER
BOARDING PREFECT

The Red Shield Appeal is a voluntary organisation run by the Salvation Army. The organisation provides crucial assistance through community programs and support services to the thousands of vulnerable Australians who are in need of help every day.

The aim of the Salvation Army through putting together this appeal is to ensure that no one struggles alone.

On the 21st of May 2023, a group of Year 11 and 12 boarders had the opportunity to assist in collecting donations to raise money for the Red Shield Appeal. The volunteering students dedicated an hour of their weekend to meet Simon, a Salvation Army volunteer, outside the public shopping centre on the Parade. The students would get to meet and greet the public and kindly ask for any donations that would be greatly appreciated.

On behalf of all the volunteering students, the Red Shield Appeal volunteering opportunity was a great experience and allowed everyone involved to engage with the community whilst getting behind a great cause, further strengthening the relationship between the boarding community and the Salvation Army, and most importantly raising \$916 for people in need.

Help available when feeling homesick

MR PETE GIFFARD - COLLEGE COUNSELLOR

Research suggests homesickness is an overwhelming sense of missing home, with psychological discomfort that occurs just before leaving home or soon after arriving in the Boarding House.

Director of Boarding, Mr Phil Noble says, “We see some boys settling in well to life away from home, but there is a small group who may have difficulties adjusting to life in Australia (if coming from overseas), the college rhythm, or coping with more general changes at PAC.”

Homesickness affects about a third of boarders in their first year, and for most, lasts around one week. However, some boys can experience ongoing homesickness.

Homesickness can show itself as headaches, stomach pain, gastrointestinal problems, changes in or loss of appetite, nausea and vomiting, or

a weakened immune system. Sometimes new boarders may also withdraw from friends or activities, have low moods, disturbed sleep, or anxiety.

Homesickness can be a problem if not detected or if boys don’t reach out for support.

PAC Boarding Staff and Wellbeing Counsellors are sensitive to privacy needs and experienced in supporting boys to cope with homesickness. Our approach includes:

- working within our school community to provide emotional and academic support.
- enhancing meaningful peer interactions through organised cocurricular programs.
- connection to activities both in the day school and through our extensive Boarding Activities program.

Boys can also reach out for individual counselling, held weekly in the Boarding House or daily in the Day school.

Pushing for the better

HAMISH CASE,
VICE-CAPTAIN OF BOARDING

Throughout the Term 2 holidays the Boarding House captains Sid, Rupert and I came up with the idea to promote and complete the Push-Up Challenge as a Boarding House community. With the idea set out to promote men’s mental health, it was the perfect idea to get boys on the floor and “pushing for the better.” Personally, this idea hit home for myself, so Sid and I worked hard to spread the word, speaking to the entire community boys at a House meeting. The message was clear, to get behind the Push-Up Challenge from June 1-23. The aim to 3144 push-ups in those 23 days, and to raise money and awareness for mental health. With 100 staff and students pushing we banked over 180,000 push-ups and raised over \$2000 for mental health charities. Overall, we



An early morning push-up session to help motivation.

couldn’t thank Mr. Pippett, and Mr. Noble enough for the work they put in to setting up our push-up community and promoting the idea of men’s mental health which isn’t spoken about enough.



Hamish and Toby practicing their chopstick skills.

Boarders feast on opportunities

HAMISH PENHALL, BOARDING PREFECT

The Boarding House offers many opportunities for boys to immerse themselves in a variety of activities, with the Market to Market being a favourite of many. During the Market to Market, the boys enjoyed a 2-course meal at the Star House Chinese Restaurant, which featured several high-quality meals, from sweet and sour pork to fried rice. After this, the boys were given the opportunity to explore the Chinatown Central Market and shop at the many stalls and shops inside. The atmosphere inside the Central Market was truly unique and it was evident how the Market has become such an integral part of life in Adelaide. Overall, the Market to Market is an amazing way to truly immerse yourself and enjoy all that the wide cultural background of Australia has to offer, and enjoy the cultural diversity that makes Australia such a great place to live. I would strongly recommend the activity to all boys in the Boarding House, as it is an amazing and unique experience unlike any other offered by the Boarding House.



Hamish, Rupert, George, and champion of the night Hugh.

Striking to victory

WILL DANIEL, YEAR 9 BOARDER

The Junior Bowling Social was a fun event to spend time with other schools and meet new people. During this year’s event PAC was joined by boarders from Pembroke, Loreto, Westminster, and Rostrevor. The night started off with playing arcade games, a fun way to meet and have fun with some new people. Then it was time for laser tag which was a fun energy-filled game and a great way to see some new faces whilst trying not to get tagged by the opponent’s laser. The laser tag got very competitive with the teams trying to accumulate as many points as possible to win. Finally, it was time to move on to bowling which was good to talk to people in-between turns over dinner. It was also a good way to find out about what school people go to and where they are from. PAC were victorious this year in this informal and unofficial intercollegiate event. The team was carried my Year 8 Hugh Siemer, winner of most points and most strikes, securing victory in 2023.



MAIN: George, Jack, Will and Will ready to hit the waves.
RIGHT: Andrew shows practice makes perfect.

Big city to big waves

ANDREW LU, YEAR 10 BOARDER

As a boarder of PAC, one of my favourite activities is definitely surfing. Surfing is a fascinating activity since there is little opportunity to surf in my home in Hong Kong, so I take every opportunity here. Moreover, I really love challenging sports.

I remember the first time I went surfing, I was so reluctant to wake up at 7 since I didn’t get enough sleep and it was cold and rainy that

morning. It was freezing at Middleton Beach, and I couldn’t help shivering while getting changed outside. The wind was so strong that I was nearly blown away. I was given a blue surfboard larger than I expected. Meg, one of the coaches, demonstrated to me a few things about surfing: how to stand on a surfboard, how to paddle and how to catch waves. I still couldn’t get them and was totally confused so I stood by and observed how the others did.

After a while, I decided to get on the board

and practice some paddling. Suddenly, I felt that I was lifted up by something and I fell into the water, and I just realised that’s a wave. I was surprised, the feeling was amazing. I started practising paddling while looking for waves.

I persevered, and continued getting assistance from Meg, observing the other boys, and working as hard as I could. Then finally, I was lifted again (and I didn’t fall immediately). I love the challenge and look forward to surfing (and falling) again soon.



Mr Pippett chipping off the green.

A hole in one for boarding

**MR CHRIS THEAKSTONE
BOARDING ACTIVITIES COORDINATOR**

“Talent is something you are born with, and a skill is something you develop. 99% of what you need to succeed in golf are skills.” - Tiger Woods.

Throughout our education we develop skills which will stay with us throughout our lives. You are in a unique position in education, learning night and day how to live alongside others, how to communicate, how to build relationships, and how to play golf. I have seen first-hand how our activities develop you as individuals and give you a platform to experience different walks of life. Some of these experiences will affect your future lives in multiple ways, perhaps leading to lifelong hobbies, and in some cases, careers.

Growing up, I did not envisage I would ever

take up golf as a hobby. My time was encompassed by football, or soccer as you may know it. Football came naturally to me. Golf, however, does not. For me, golf is hard. In fact, the more I play, the harder it seems to be. However, with a little perseverance and a can-do attitude, slowly but surely improvement is inevitable (or so I’m told by the coach I pay by the hour). It is for this reason I think golf is such a popular activity with our Boarders; the challenge and inner competitive spirit the sport encourages. The same spirit can be applied within school. You will not find every topic easy. You will not find every subject easy. But patience, practice and a positive attitude will most certainly help you towards your goals. Gary Player once said, ‘The more I practice, the luckier I get’. So, I look forward to seeing you at our next golf activity, edging closer to that elusive hole in one.



Leave nothing but bubbles

MR SCOTT NYSTROM
BOARDING HOUSEPARENT

Exciting, mind-blowing, awesome, surreal are some of the words students use while describing their experience during the first dives in the PADI Open Water SCUBA certification. But well before that during the Boarding House tour when the families find out that SCUBA is on offer as a Boarding House activity their faces light up with excitement. On that activity calendar is normally at least two opportunities to turn that excitement into action. Our young men can choose from a Come and Try in the Red Centre Pool, the PADI Open Water course or qualified dives, we have it covered and they love it.

In the lead up to hopping into the water for the first time everyone is a bit daunted by the thought of being underwater. The panic of being underwater and your air running out is right there just like learning to swim or duck dive for the first time. Then the training starts.... We all get into the warm Red Centre pool and get familiar with the gear. In the shallows we all take our first breathes. Do you remember what that felt like? All the fear and apprehension wash away and the fun begins. After those first bubbles are blown in the pool everyone gets a huge sense of achievement.

During the PADI Open Water Certification the students are all treated the same and sometimes the knowledge development is a challenge, but they band together and help each other out. While that knowledge is developed, we start to leap into the four required dives. And oh my, the first dive is just complete mayhem. The students have so much input that it is hard for them to concentrate. Then all the training just falls into place and they settle into a calm place.

During those training dives the students become independent, but cautious. They learn how



to protect the environment by being respectful and being adaptable in the aquatic surrounding. Diving for some of the students is a real opportunity to work on their mental health. It gets

us outdoors and it is really hard to think about anything else. The PADI Open Water Certification is not the end point, it is a real starting point for a world often not explored.

Practice in the pool makes for perfect before hitting the reefs



Even though they didn't escape, looks like they had some fun!

Brains trust hard at work

OSCAR MULHERN,
YEAR 9 BOARDER

Escape rooms are a regular activity for boarders to get out and test their minds and wits. One such occasion was on June 3, 12 boarders participated in an escape room held at Escape Hunt in Rundle Mall. It was challenging to say the least, with a lot of teamwork used to pass through the rooms

and challenges set for us. We were split up into two groups of six and entered our rooms with an open mind and a lot of persistence. We were set with a task of escaping and solving the sudden disappearance of a fisherman off the coast of Yorke Peninsula. The three rooms contained a lot of small puzzles that stretched our brains and made us think outside of the box, as well as testing our patience and

resolve. With a race against the clock and time quickly ticking away, both teams were almost finished as the final minutes counted down. Unfortunately, neither of the teams managed to solve the disappearance. The experience was great and allowed for everyone to work together to achieve a great result. Even though we weren't winners, it didn't take away the fact everyone enjoyed it.



Angus, Max, Eddie, and Lachie assembling their gingerbread house, with varying levels of success

Cooking classes with Mrs Toh

IVAN NG, YEAR 11 BOARDER

One of the best boarding activities I have been consistently signing up for is the cooking classes with Mrs Toh. As the name suggests, boys sign up for cooking classes to learn how to cook simple yet delicious meals and snacks from Mrs Toh, who is very experienced in baking and cooking. The dishes we are taught include brownies,

dumplings, cookies, bao buns and my personal favourite, the gingerbread house decorating at Christmas. I believe that boys should be competent in cooking, and these cooking classes certainly taught me many basic principles in cooking. From chopping to shaping dough, Mrs Toh guides us through every process to make sure our snacks come out of the oven looking amazing. I

really enjoy baking brownies, as they can be easily shared with my friends, and it goes really well with ice-cream! As many of Mrs Toh's recipes are Asian food, it is always a great opportunity for me and the other boys to try out food from different cultures. Mrs Toh's special fried rice is was one of the best fried rice I have ever had, and that is saying something as someone from Hong Kong!

Best way to spend a Friday night

JACK SIEMER, YEAR 9 BOARDER

Friday Night Tech is one of the many great boarding activities. It is held by Mr Balestrin, one of the school's Technology teachers every 3 weeks at 7pm on Friday nights. Students have a choice to start something from scratch or continue with your school projects to catch up or get ahead. You get a choice to go into the wood rooms or to the metal

rooms. I like to make things from scratch, I have made a few things like a shoe rack and a table. I would highly recommend this boarding activity to people who like being creative and doing metal and woodwork. I like this activity because it gets you and your mates out of the Boarding House with something fun to do. Friday Night Tech is one of my favourite boarding activities and it is a great way to start your weekend.



Will, Jack, Harry, and Riley working on some projects.



PRINCE ALFRED COLLEGE BOARDERS’

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Will, Jared, Hamish, and Harry stand with the Intercol shield

Boarders lead from the front in dominant win

HARRY PIGGOTT, YEAR 11 BOARDER

On Friday, May 31, 2023, the 147th Cricket Intercol commenced between PAC and St Peter’s. PAC had an undefeated season, and had just won the One-Day competition’s grand final against Saint Peter’s. They were prepared to face Saint Peters, who were eager to defeat PAC after the loss. The PAC team included three boarders: Hamish Case (Year 12), Jared Kuhl (Year 11), and Will Davey (Year 12). Captain Hamish Case won the toss and chose to bat first. Opening batsmen Kane Halfpenny and Luke Szabo had a solid start, but Kane was dismissed for 8 runs. Star batsman Hamish Case then came in and played an exceptional innings while wickets fell around him. All-rounder Ryan Percival joined him, and they formed a 100+ run partnership. Hamish scored a remarkable 125 off 188 balls, while Ryan contributed 75 off 122 balls. The team was all out for 277 at the end of day one. On day two, PAC started their bowling innings strongly and bowled out Saints for a mere 108 runs. Jared Kuhl, took three wickets, and Hamish Case also picked up three, further showing his dominant performance on this match. Instead of enforcing the follow-on, Hamish decided to bat again and set a larger target. Openers Luke and Kane provided a great start, and the team declared at 5 for 238, with Kane making 66, Hamish contributing 88, and Mitchell Dean adding a quickfire 48 not out. St Peter’s were set a massive total of 407 runs to win. Saints began their batting innings well, with one of their openers scoring 66 off 118 balls. However, enter Jared Kuhl and Hamish Case as they triggered a collapse, taking turns terrorising the Saints batsmen with some classic fast bowling. The final wicket fell as Hamish Case delivered a lethal bouncer that forced the batsman’s shot to fine leg where Will Davey was strategically placed for a great catch, securing the victory for PAC by 169 runs. Hamish Case was the standout performer of the match, with an exceptional all-round performance, scoring 212 runs and taking 8 wickets.



Boarding Captain Sid representing Princes.

Spirited Reds go down in badminton

SIDHAK DHINGRA, CAPTAIN OF BOARDING

After an outstanding regular season for PAC Badminton, the Intercollegiate match was set to be tense, competitive, and exciting. Traditionally, St Peter’s had dominated the fixture, however, with 5 experienced Year 12’s, PAC brought a determined squad to St Peter’s. The team was led by all-star captain, Don Bui, who capped off his record-breaking run in the PAC Badminton program. Unfortunately, St Peter’s proved too strong on the day, winning convincingly in both doubles and singles. Although the scorecard remained effectively one-sided, the boys should be commended on their spirit as many of them came close to remarkable upsets in long drawn out 3 set games. The highlight of the day was the much anticipated final game, the showdown between the top seeds from both PAC and St Peter’s. A large crowd comprising of

students and teachers alike surrounded the court to witness the highest level of Badminton possible at a school level. The match did not disappoint, with Don Bui putting on a clinic to cement his unbeaten singles record. Providing the PAC crew some rejoice after what was a tough and somewhat underwhelming performance from the group. Retrospectively, being a part of the program this year has been remarkable. The focus of the year was to reinvigorate team spirit and cultivate an inclusive culture. The boys endured through countless drills and a new conditioning program in their endeavour to get better. While this certainly enables us to improve at a rapid rate, it further built bonds between the group which transcend the Badminton courts. Overall, with a positive culture and resolute belief in each other, the PAC Badminton team is bound to bounce back after falling victim to our rivals down the road.



PAC boats on display at West Beach.

First ever sailing Intercol

JINKAI GUO, YEAR 12 BOARDER

2023 saw the first ever Sailing Intercol between PAC and St Peter’s. Through the hard work of Head of Sport Mr. Paul Brown and Sailing Coordinator Mr Jonathan Scobie, we were underway for the inaugural regatta. The weather conditions were not ideal, with strong winds and heavy rain on the course at West Beach, increasing the risk of capsizing. At the beginning of the race, Saint Peter’s boat quickly took the lead, securing the top three positions. Our boat relentlessly tried to close the gap, but the poor starting position significantly affected our speed. As a result, our boat remained a considerable distance away from Saint Peter’s boat, resulting in our defeat by a much more experienced crew. However, there were still some outstanding performances from our team. Pete Cole, a Year 10 boarder, showcased amazing technique and held a leading position, which is praiseworthy. Overall, the crews and skippers in our team have displayed commendable effort in both practice and the regatta, and I firmly believe the Sailing squad will grow stronger with the presence of the talented and hardworking young sailors in the team.

PAC caps off another impressive season

**MS DEB KING
SENIOR RESIDENTIAL ASSISTANT**

The summer cocurricular season finds many a boarder involved in Water Polo - a sport that provides a good opportunity for cross-fitness through the summer months and an even better opportunity to have fun with mates in a team situation. When it comes to Intercols, St Peter’s College has historically dominated in the Water Polo arena. PAC has however shifted this over the past few years where despite narrow victories through extra time and penalty shot outs, PAC has successfully claimed the 2023 Intercol victory, marking the fourth Water Polo Intercol win in a row. Friday 31st March 2023 saw our Firsts team head to St Peter’s College for another thrilling Intercol

encounter. PAC dominant and was in control of the game but missed several opportunities to convert leaving St Peters very much still in the match. In the end, PAC’s defensive pressure gave opportunities to score and maintained the lead. However, as always it would seem, the last 90 seconds of the match were filled with drama, exclusions, time outs and some brilliant saves from keeper Julian Hyde Kelly to prevent any extra time scenarios and a final score of 6-7 win to PAC. It was an excellent team effort. Seeing PAC victors with a final score of 6-7 (Sam Ciccocioppo (4 goals), Jake Martin, Julian Hyde Kelly, Henry Smart). PAC also took home the SAAS State Championship as part of the Intercol victory. Huge congratulations to Coordinator Scott Parker, Coach Will Daymon and Captain Henry Smart on another outstanding performance.



Princes prepare for their thrilling match against Saints.



Tough night at the pool

**JAMES ARNEY
YEAR 10 BOARDER**

The Swimming Intercol of 2023 was a great effort from everyone involved. Upon our arrival at Saint Peter’s the team was ready to get in the pool. After our warmups the competition began. One after the other, boys were marshalled to the blocks, ready to compete. The competition was grand and the support during the swims reared the team along. After each race was finished the praise from the team was strong. When it came my turn to swim, I really felt my team behind me, I jumped onto the block and off I went, my first event, the Breaststroke. The race was tough and I pushed my hardest to achieve the best time. After I exited the pool, I felt the uplifting embrace of

my team. The next few events went by fast, each one an impressive spectacle to observe. When it came time for my next event, the 50m Relay, the boys and I were ready. It was great being a part of the relay team amongst mates, each of us pushing our hardest. By the end of the day everyone was exhausted after pushing themselves to their limits. When it came time for the positions to be called out, PAC placed third among eight schools competing. An impressive effort from everyone involved and high hopes for next year where we will hopefully win back the Swimming State and Intercol shields.

Pictured: PAC leaping into action in a relay.



An exhausted First VIII after their race.

Head Of The River

HUGO KNIGHT, YEAR 11 BOARDER

March 19 2023 saw Prince Alfred College at to West Lakes to compete in the 2023 Head Of The River. A very successful campaign saw 12 out of the 15 PAC crews take home the win for the College, including representative boarders across every year level. Starting at in the early hours of the regatta, we saw a clean sweep across all Year 8 races. From Es – As the Year 8s put on a tremendous effort securing their victories. The Year 9s took out 3 of the 4 races they entered, and the Year 10s won 2 of 3. The senior squad had a triumphant effort boating 5 crews, 2 Eights and 3 Fours. The First and Second Four both achieved 2nd place, and the Third Four a respectful 3rd. The

Second Eight saw a valiant victory over Saints for the first time since 2016. All that was left was the main Intercol, by which Prince Alfred College put down a respectful effort. The First Eight started strongly, off the blocks and towards the 1km we held a couple seats in front, however fell behind in the last 1km of the race. It was a disappointing loss as the crew had put in a tremendous effort throughout the season, training upwards of 9 times a week, early mornings, and late nights. Upon reflection the whole the club performed very well showing the depth of the club. However, I know that the senior squad felt particularly disappointed with the results. With numerous boarders heading up into the senior squad next year, it is looking to be a very strong and deep year.



A vibrant volleyball debut

WILL MANUEL, YEAR 11 BOARDER

Every sport thrives on the commitment and dedication of its players. Throughout the season, our Volleyball team has been a symbol of unity, resilience, and comradery. Through the season that we witnessed an incredible transformation

fuelled by an extensive increase in boarder participation. The expansion of our team not only brought new talent but also instilled a sense of diversity, camaraderie, and personal growth. Practices became more vibrant as players shared their diverse knowledge of the game. It was evident that embracing boarder participation allowed us to

broaden our horizons and strength the team. Our team's increased camaraderie not only improved our on-court performance but also created a supportive and inclusive atmosphere. As the season progressed, our team emerged as a force to be reckoned with. Our increased participation had transformed us into a stronger, more adaptable,

and united unit. We celebrated victories, not only in terms of matches won, but also in the personal growth we witnessed within each team member. When the Intercol came about we put our skills and teamwork to use, but unfortunately fell short against a stronger and more experienced Saints team. The final score 3 set to 0, 25-12, 25-21, 15-9.

The Volleyball team fight hard as supporters watch on.

Another year of tennis dominance

SID MALONE AND COOPER JARRETT YEAR 11 BOARDERS

This year we were fortunate to be a part of the Drive Tennis squad and lucky enough to play in the Tennis Intercol. This Tennis season was a success for the boys on the court, particularly as we built towards the 126th Tennis Intercol match between Princes and St Peter's. The battle took place on the St Peter's supergrass courts with some great tennis to be seen across the course of the day. The cold autumn morning saw the singles matches take place first up with a ferocious Reds

line-up looking to do some damage early. After the completion of the singles, it was level at 4-4. Lunch was called early due to rain, with the doubles still to come. After lunch, it was overcast with some great doubles on display by both teams showing the true culture of Intercol fixtures with Princes 3-1 up in the doubles. This was it for PAC and winning their 18th consecutive Tennis Intercol! Both strong Intercol spirit and great sportsmanship were displayed throughout the day by both players and coaches making it an enjoyable fixture for the spectators. An Intercol victory was a fantastic way to end our second seasons at Princes.



Sid serving with Cooper at the net in their doubles match.



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Saints too strong in dominant performance

HUDSON DUKA
YEAR 11 BOARDER

The 2023 Hockey First XI Inter-collegiate fixture was a very one-sided game with Saints getting on top early, 2-0 up in the first 5 minutes! PAC then scored towards the end of the first quarter making the score 2-1, with the game still in the balance. The second quarter started with saints taking advantage of the fresh start and scoring a few quick goals and carrying the momentum until halftime. After a motivating halftime speech from our coach, Jaxon, we started off the second half on top scoring a wonderful tomahawk from the top of the D. However, Saints responded quickly with a show of dominance, scoring a more goals to end the game with the commanding score 10-2. Although a disappointing result, the boys showed great will power and compassion for each other indicating a promising future for our First XI. With a strong foundation of Year 11s and great depth of young players that will keep the strength of the team going for future years to come. Although the team lost the Intercol, the match was also important for the Division 1 SAAS Hockey Cup, meaning PAC were runner's up in this too. This is an outstanding achievement and PAC shouldn't be disheartened by their result in the Intercol.



Reds celebrate after a goal.



Rogan Kennedy shoots in front of anxious Saints crowd.

Basketballers show fight in valiant defeat

CODY CORBETT
YEAR 11 BOARDER

The biggest Basketball match of the year; St Peter's against Prince Alfred College. From the first training to the last, we knew as a team this game would be one to remember, and that it was. There was a lot of excitement for the 2023 Basketball season, leading into it with a fresh team, having only 3 First V players in it from last year. During the season we finished with a win-loss of 2-6, with many of the losses coming from extremely close games. Suffering from many devastating injuries throughout the season, we knew the final game against the boys down the road would be a tough one.

The game started with Saints on fire, knocking down 4 threes and ending the first quarter 10 points ahead. Heading into the second, the PAC boys lifted and closed the gap through relentless fighting. By stopping them from getting outside shots, we were able to close the gap to 4 points going into half-time.



Cody stays strong under pressure.

We headed into the change rooms pumped, as we all admired that we were competing with the best team in the state. The third quarter continued to be a dog fight, remaining a 4-point game until the last few minutes, when St Peter's extended the lead out to 10 at three quarter time. Saints came out fiery into the final quarter, catching us on the back foot and taking the game into their own hands. Although we gave it our all, their talent did not disappoint, finishing the game with the final score of 58-37. The end result for the team wasn't ideal, however, our ability to follow the scout and play knowing there was nothing to lose, was something special.



Sidhak and Tianyu Sun celebrate with the team.

An enthralling debate battle

SIDHAK DHINGRA
CAPTAIN OF BOARDING

Arguably the closest Intercol result this winter, the 2023 Debating fixture did not fail to disappoint. The undefeated - all-prefect - PAC team came in as heavy favourites, however, the St Peter's team, boasting a few state debaters of their own, could not be underestimated. After the coin toss, and proceeding topic selection, it was decided that PAC would take the affirmative on the case 'that we prefer the characterisation of politics as a career instead of social/public service'. The teams were then allocated 60 minutes to prepare their cases without any external research or assistance from coaches.

The teams assembled in the Piper Pavilion to walk onto stage through a guard of honour. After some brief formalities, the battle began. PAC's 1st speaker, Henry, calmly setup the debate and fended off points of information in a perfectly timed speech. Saints pushed

back on this solid start in an organised and well-delivered fashion. However, sensing an opportunity, PAC's second speaker, Archie, pounced on an opening into Saints' argument - this forced a case shift. This development set the stage for the highlight of the evening, PAC's third speaker, Max, exposed this case shift in a humorous remark stating that 'if you sit on the fence, you will get splinters'. Aside from bringing the crowd to life, Max's speech put PAC in the driver's seat. However, not giving up, Saints' rustled back momentum and the left the panel with an incredibly difficult adjudication.

After an elongated adjudication due to a split decision between the 3 adjudicators, the chair of adjudicators, took stage to deliver the result. After a tense, agonising recap of the debate - with points won by both PAC and St Peter's - it was ultimately PAC's night. We were presented with the shield and our captain, Max, was given the best speaker medal.

Checkmate

TIANYU SUN
BOARDING PREFECT

PAC Chess maintained its strong reputation across the season this year, consistently holding both first and second place throughout the interschool competition. Even the Year 12 All-Stars team has seen a very strong season, making it to third place at one point to secure all three podium spots for Princes. Confidence was high going into the Intercol. Through coaching sessions held by Dr Kerrigan, Mr Hill and George Bartley, returning as a coach after captaining chess for two years, it was looking to be another great Intercol.



A packed house watch thrilling display of Chess mastery.

On the day, we came out of our pre-game pep-talk to a massive crowd, certainly one of the most energetic playing environments I have ever seen. Familiar faces were seen across the boards - Ethan Retnaraja, Anthony Huynh, and Tim Gibbons - but we also had some newcomers. Debuting on board three, Alistair Maria made light work of his opponent despite only being in Year 7. Younger still, Keshav Balanchander made an appearance all the way from the Prep School, on track to appear in 8 Intercols by the end of his Chess career. Finally, a last-minute absence meant that our very own Captain of Boarding, Sidhak Dhingra, made his first appearance on board 10. With such a strong team, it was no wonder that Saints went down in the end. Some close games were played out, but ultimately the score fell 8-2, giving Princes its 14th consecutive win.

Even with so many Year 12s departing, the strength of our Chess program continues unabated. With such young representatives playing in the Intercol, and the amount of interest in Chess from the younger years, the PAC Chess program is set to remain dominant for many years to come.

Perfect end to the season

TRISTAN WONG
YEAR 10 BOARDER

Prince Alfred College played the inaugural Intercol against the age-old rival Saint Peter's College on 24th August. The PAC Squash squad has been training hard throughout the season, having had a wonderful season, winning the High School Championship and being the Division 1 winner. PAC was confident going in, having defeated Saints twice in the High School Competition this season.

The match gathered reasonably large number of boys both from PAC and Saints, chanting for their school. The PAC first team showcased their determi-

nation and skill on the courts, defeating Saints by 4-0. The night started with myself beating their third player 3-0, Sam Zadow and Eric McCauley both had tight games against their opponents but eventually won by 3-2, and Aryan Madan ended the night with a result of 3-0. All of us did exceptionally well and played what we were capable of.

The victory against Saints also wrapped up the wonderful season without losing any matches. We are looking forward to the 2024 Squash Intercol, playing Saints and hopefully take the victory home once again.

Boarders Tristan and Aryan as part of the triumphant PAC team





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Reds fight hard to win the ball

A sensational
soccer effort

FRANCIS VENNING
YEAR 11 BOARDER

On Wednesday, 23rd of August at 4:00 pm, the Winter Intercollegiate between PAC and Saints kicked off with a stunning game of Soccer.

The First XI had a eventful school season, making it to the SAAS Grand Final against CBC just a week previous. Unfortunately, they lost due to a couple of early goals and the strength of CBC. However, they were determined to turn that around with a win against Saint Peter’s, working their hardest in the lead-up to the opening Intercollegiate match.

In an exciting first half that resulted in Saints up by a goal, it did not deter the cheering or the players. With a fresh half, the boys were more riled up and determined to level the score, the Red Army continued to scream and chant. Despite the team’s grit and determination, Saints managed to score a lucky goal (0-2). This only caused a further increase in the intensity of the game. Daniel Bergamin, PAC #9, was given a chance to score and he capitalised on it (1-2), despite having a healing broken arm. With new hope, the Reds pushed as hard as they could.

Despite valiant efforts by the First XI Saints closed out the match with another goal (1-3) in the dying minutes of the game to seal their win in the opening Winter Intercollegiate game.

All the boys played their best and the Red Army brought their best cheers.



ABOVE: The winning PAC team celebrating after the 152nd Intercol.
RIGHT: Jay Polkinghorne looking to move the ball forward.

Highly anticipated
Football Intercol
doesn’t disappoint

ROME BURGOWNE, YEAR 11 BOARDER

Saturday 26th August marked the 152nd annual Football Intercollegiate matchup between PAC and Saints. The First XVIII were on top from start to finish. We went into the main break with a commanding 35 points lead, and we didn’t slow down from there. The Reds continued their dominance in the second half, making it back-to-back-to-back Intercol wins. Boarder Jay Polkinghorne kicked a game high 6 goals showing his dominance all game. The final score for the match was PAC 16-13 109 to Saints 7-10 52.



Rijak and partner giving it their all.

Table Tennis
Intercol – the
unyielding
fight

RIJAK DHINGRA
YEAR 10 BOARDER

A strong sense of excitement, worry, and anticipation led into the Table Tennis Intercol. Since losing our best player, we’ve had a challenging season with many new players making their debuts. This fast-paced competition was anything but a family sport! With its growing popularity, PAC entered this Intercol as the underdogs. Despite this, the boys in red did not go down without a fight, and the final scores do not attest to the closeness of the matches. I could not be prouder of my teammates, and all the spectators felt the same way. Both my older brother (Sidhak) and I played again this year along with Jimmy Murch, who competed in his first Table Tennis Intercol. The event started with the doubles, and in spite of not winning doubles, we forced St Peter’s to give it their all with some matches reaching 10-all in the fifth set. Although Saints bested us again, the resolve and grit displayed by the boys were exemplary, with many of us striving to do better next year. On a personal note, the end of this season also signifies the last time I will have the chance to compete in an Intercol with my brother.



PAC attempts to break through the defensive line.

Princes fall short in
valiant comeback

CHARLIE SIEMER
YEAR 11 BOARDER

The Rugby Intercol has always been a must-watch event for me ever since I joined PAC in Year 7. Observing the Rugby Intercol is a true delight, as it vividly showcases the unwavering dedication, hard work, and sheer passion that Saints and PAC teams invest in sport. The culmination of these efforts results in an intensely competitive final match, spotlighting the finest plays of the entire season. I consider myself fortunate to have been a part of the 2023 Rugby team, a group of underdogs that entered the Intercol following a nail-biting season featuring three showdowns with Saints. Throughout this season, PAC progressively bridged the gap, with the last encounter just before the Intercol had merely a single try separating the two teams.

The anticipation leading into the Intercol was electrifying, with both squads

fully aware that victory was within reach. The fervent crowds created an atmosphere of unyielding support. PAC’s defence stood strong against the relentless onslaught from Saints. However, Saints’ offensive prowess ultimately proved insurmountable, allowing them to breach PAC’s defence and secure a lead of 2 tries before the halftime whistle. The second half saw PAC fiercely narrowing the gap to a mere ten points, showcasing their determination. Alas, despite their valiant efforts, PAC fell short of securing a victory against the formidable Saints. Throughout the entire match, both teams exemplified outstanding sportsmanship, standing as a testament to the values of fair play and camaraderie. As representatives of their respective schools, both Saints and PAC showcased a profound sense of pride, and encapsulated the essence of dedication, teamwork, and spirited competition.



Cultural time with Uncle Moogy



Uncle Moogy painting on Anthony Long.

**ANTHONY LONG AND RAY RAY SUMNER
YEAR 10 BOARDER AND YEAR 11 BOARDER**

As an Aboriginal student at Prince Alfred College, I am grateful for the opportunity to learn about my culture from local elders. This term, I had the chance to spend time with Uncle Moogy, who is from Adelaide but also has connections to my home country, Ngarrindjeri country. He taught me about how to paint up for dance and ceremony, and he told me about the stories behind the symbols. It was amazing to learn about my culture from someone who is so knowledgeable and passionate about it. Uncle Moogy made me feel welcome and proud of my culture. He told me that it is important to stay connected to our culture, even when we are away from home. He said that our culture is what makes us who we are, and it is something to be celebrated.

I am planning to continue learning about my culture in the future. I want to be able to pass on this knowledge. I also want to be involved in the Aboriginal community in Adelaide. I believe that it is important for us to support each other and to work together to create a better future for our people.

From Uncle Moogy, I learned about the importance of storytelling, dance, and ceremony in Aboriginal culture. I also learned about the different symbols and meanings behind Aboriginal art.

My advice to other Aboriginal students who are attending boarding school away from home is to stay connected to your culture. It is easy to feel lost and alone when you are away from home, but your culture can give you a sense of belonging and strength. Find ways to learn about your culture and to practice your traditions. There are many resources available to you, such as elders, community organisations, and online resources. Also, remember that you are not alone. There are many other Aboriginal students who are going through the same thing. Reach out to them and build a support network.

Boarders represent well in the UK

JARED KUHL, YEAR 11 BOARDER

On the 24th of June the first XI departed from Adelaide Airport at 6am to commence the 18-day cricket tour of the UK. The team consisted of 4 boarders with Captain of the side Hamish “Casey” Case, a brilliant number 3 batsman and bowler from the centre of Mount Gambier; Will “Warnie” Davey, the king of spin from Maitland the heart of the Yorke Peninsula; Harry “Pig” Piggott, a fast bowler from Burra and myself, Jared “Kuhly” Kuhl, a try to be fast bowler from a dairy farm 5 minutes south of the timber industry giant Tarpeena. The feeling and excitement around the group before the trip was as Pig said, “the excitement was something else I haven’t experienced before ... it’s hard to put into words.” The 2 days of travel made an impact on everyone as we all went from extremely excited to extremely tired, but nevertheless the first day in London was one of the many highlights of the trip as we were able to explore the historic and majestic city as some kids from the country. But we had a job to do. We travelled across the UK to play 8 games on some pristine grounds around the UK, visiting places like Abergavenny in Wales, Stamford in England, and Radley College in Oxford. Skipper Casey said, “the boys all performed well and got what they were looking for out of the trip which was good to witness from the sidelines”. Whilst PAC were touring England the Ashes were on at the same time, and we were lucky enough to watch day one at the home of cricket, Lord’s Cricket Ground. In the end after 16253 kilometres of travel, 6 wins from 8 games it was an extremely successful trip which we will all remember for a very long time.



First XIII team that face Wesley College.

Red footballers trek to Melbourne

**BRODIE HARRIS AND JAY POLKINGHORNE
YEAR 11 BOARDERS**

On April 24 2023 the First XVIII football squad of 24 players to Melbourne for their annual clash against Wesley College, our Melbourne based rivals of over 100 years. Once we arrived in Melbourne, we quickly caught a bus to visit the Collingwood Football Club and view their facilities. The tour was conducted by PAC old boy, AFL premiership player (1990), and current

Collingwood CEO Craig Kelly. This was a very special opportunity for us, as the grounds and professionalism of the club are outstanding.

Day 2, up at 4:45am. It was ANZAC Day, and we were all privileged enough to be able to go to the Shrine of Remembrance and watch the dawn service unfold as 15000 people gathered. We then walked back to Wesley College for a tour of their school and the history of PAC’s connection with them. Later in the afternoon, we attended the annual Anzac Day clash at the MCG, with 95000 people

in complete silence was awe-inspiring. After the game we went out for dinner, and we were lucky enough to have Kade Chandler (ex-boarder) and Tom Sparrow talk to us about their time at PAC and their journey through the AFL.

Day 3, game day. The boys were looking forward to this moment for the whole trip. We ended up winning the game by about 8 goals. Luca Slade kicked 6 goals earning himself the best on ground award. An action packed few days, that has left a mark on us in more ways than one.