



# – PRINCE ALFRED COLLEGE – BOARDERS' HERALD

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## Word on the ground

THE opening of the new dining hall has definitely been a highlight for boarders this year. The dining hall is a wonderful addition both to the boarding community and the College. Below are comments from boarders and staff on the new building...

"The new dining hall is a world class facility which reflects the significance of the boarding program at Prince Alfred College. Our boys deserve the best and this great building is the first part of the redevelopment of our boarding facilities, whilst at the same time providing a central hub for our College to eat together as one community."  
– **Darren Roylett, Director of Boarding**

"A great reflection of PAC – grand and well planned."  
– **Henry Hawkins, Year 9**

"It's a big improvement! More space, great food, good entertainment with big screens. I'm very happy with it!"  
– **Rowan Crawford, Year 11**

"Terrific!"  
– **Will Linke, Year 11**

"Good flow... more space... less noise... more relaxed and a great addition to the College."  
– **Ned Hage, Year 12**

"With so much room, it's got potential to cater lots of different events."  
– **Tom Willson, Year 9**

"It has been an absolute privilege and honour that Mr Fenner has included my staff and myself with the input into the design and general layout of the new dining hall, whilst working with Alan Daws and the architects. The outcome is an extraordinary building which has changed the dynamics of the operations and the use of the dining hall. We are grateful for this opportunity and look forward to working with our new facilities."  
– **Darryl Attiwill, Catering Manager**



◆ **BRAND NEW:** View from the back oval of our new dining hall.

## SERVING UP SUCCESS

**George SHAND**  
YEAR 12 BOARDER

AFTER several months of careful planning and construction, the new Prince Alfred College dining hall opened on Monday 25 July 2016. With the news that it would be open on the first day back in Term 3, all boys and families eagerly pencilled in the date. The night was enjoyed by all, as a great meal of delicious roast chicken plus a selection of vegetables was served. The headmaster Mr. Bradley Fenner, along with Mr. Darren Roylett, welcomed everyone to the dining hall, explaining the hard work, ideas and processes behind the construction of the building.

With the beautiful stone work from the pre-existing uniform shop incorporated in the dining hall outer walls, it sits proudly among the nearly 150-year-old College surrounding it. Promising to be a huge asset to the College's community, it has the capacity to seat up to 400 people and the new kitchen is already producing meals of high quality. It is equipped with televisions and a large projector which will be useful for functions and showcasing the menus.

With a rather new set up,

orientation to the new dining hall has had its challenges but as time has gone on, all boys have learnt the routine and there is a definite improvement in the overall atmosphere and dining experience. For the first half of the term, only boarders will have access to the dining hall, but over time, day boys will be able to utilise the facilities. A card swiping system will be in place to monitor the boys' attendance at meal times, as well as the day students purchasing of meals.

On Friday 12 August, there was an official opening function for the dining hall. In attendance was Mr. Ken Lord, who was a boarder during the 1940s and who remains a significant contributor to the Foundation Scholarship Fund. Mr. Lord rang the original dining hall bell to signify the official opening of the new dining hall. Also in attendance was Mr. Fenner as well as a significant number of staff and boarding and school prefects. The evening was a huge success and the catering staff put on a great variety of culinary delights.

Sure to be a smart, modern facility for the current and future community of PAC, it is definitely a great new addition to the buildings of the College.



◆ **OFFICIALLY OPEN:** Top: Mr. Fenner welcoming everyone at the opening of the new Dining Hall. Left: Mr. Ken Lord ringing the bell. Right: The new dining hall at night.

## PRINCE ALFRED COLLEGE

Visit 23 Dequetteville Terrace, Kent Town, South Australia (entrance off West Parade) Post PO Box 571, Kent Town SA 5071  
Phone 08 8334 1201 Fax 08 8363 6072 Email [boardingadmin@staff.pac.edu.au](mailto:boardingadmin@staff.pac.edu.au) Facebook [Boarding@Princes](https://www.facebook.com/Boarding@Princes)



Mr. Darren Roylett



Mr. Phil Noble



Mr. Ron Pippett



Mrs. Hayley Hall



Ms. Pam Oliver



Mr. Tim Quinn



Mr. Russell Williams



Mr. Will Bittner



Mr. Joel Garrett



Mr. Sean Beath



Mr. Scott Nystrom



Mr. Nathan Pippett



Ms. Anna Thomson



Ms. Caroline Lenman



Mr. Octavian Nadu



Ms. Colleen Fagolini



Ms. Pauline Coupe



Ms. Nancy Ong



Mr. Shane Harris



Mr. Darryl Attiwill

## MEET THE PRINCE ALFRED COLLEGE BOARDING STAFF

We are a very energetic, unified and positive team within boarding and it is safe to say that we all love what we do! Please see some pictures of our team. If you haven't met us in person yet, please introduce yourself when you are next in the boarding community as we'd love to meet you.

**Introducing...** Mr. Darren Roylett, Director of Boarding; Mr. Phil Noble, Deputy Director of Boarding, Hartley wing; Mr. Ron Pippett, Senior Residential Assistant, Academic Success, Bayly wing; Mrs. Hayley Hall, Senior Residential Assistant, International Students, Year 11 wing; Ms. Pam Oliver, Senior Residential Assistant, Community Service and Middle School boarders; Mr. Will Bittner, Senior Assistant; Mr. Tim Quinn, Senior Assistant; Mr. Russell Williams, full-time Boarding Assistant; Mr. Joel Garrett, part-time Boarding Assistant; Mr. Sean Beath, part-time Boarding Assistant; Mrs. Jenny Toh, Mrs. Cecily Calaby, Mr. Scott Nystrom, Mr. Nathan Pippett, Mr. Nelson Ellis, casual Boarding Assistants; Mrs. Heather Would, Boarding House Office Administrator; Anna Thomson and Caroline Lenman, School Nurses; Octavian Nadu, Colleen Fagolini, Pauline Coupe and Nancy Ong, Housekeeping and Laundry; Shane Harris, Security.



Mrs. Jenny Toh



Mrs. Cecily Calaby



Mr. Nelson Ellis



Mrs. Heather Would

In 2015, seven of our boarders who did SACE achieved **over 90** and two of these were in the **95 club** (Tim Jolly and Ethan Smith) – excellent work!

In 2015, four boarders **received Merits** in English Communications. A big well done to Alex Andrae, Ashley Giles, Nick Gregurke and Tim Jolly.



“All great and honourable actions are accompanied with great difficulties and both must be overcome with answerable courage.”

– John F. Kennedy (JFK)

**80%**

of the first XVIII footy team are boarders



Year 12 Boarders Charlie Treloar and Clinton Xu are our longest standing boarders, having been at Princes since Year 7

In 2015, out of the six boarders who did IB last year, **3 of them got 94.8** (only 0.2 away from being in the 95 club). Superb work Ho Ting Ip, Lawrence Ni and Tom Shuen. The other three boarders were all in the high 70s and high 80s. Well done boys!

**Aaron Francis**

2015 old scholar now plays for **Essendon**

**Cameron Hewett**

2015 old scholar has been drafted to **Port Adelaide**



# Boarding – Developing Global Citizens

**Darren ROYLETT**  
DIRECTOR OF BOARDING

DURING 2016 I was fortunate to attend the IBSC (International Boys Schools Coalition) Conference in Vancouver and present a workshop on Developing Global Citizens in a Boarding Community. The keynote speakers at the conference were world-class with a combination of inspirational stories and educating boys. I attended several workshops including Action Research findings on educating boys, Using global connections for enhancing teaching and learning, Boys as Innovators, and Building a School-wide Health and Well-Being Program to support peak performance (both academic and co-curricular).

The act of constructing my workshop on Developing Global Citizens in a Boarding Community enabled me to take time to reflect on our practice as a boarding community and ask myself a few questions. What is a global citizen? What is at Princes which contributes to the development of such a citizen and how do we do it?

To answer the first part of my question and according to UNESCO, a Global Citizen is someone who is empowered to assume an active role to face and resolve global challenges and to become proactive contributors to a more peaceful, tolerant, inclusive and secure world. (UNESCO, 2014.)

My immediate thoughts made me review the boarding program in its entirety. Within our boarding program we aim to develop 3 key sectors of a student: their intellect, their physicality and their character. Academic development is achieved through the provision of extra academic support utilising specialist subject teachers. Boys have supervised study and EGAs (Effort Grade Averages) which are used to encourage success and independent study.

Physical development is encouraged with boys participating in not only the co-curricular offerings of the school, but also the extra activities provided through our boarding activities programme. The programme is constructed with a view to include cultural experiences, sporting events, outdoor educational experiences, skills development, social engagement with other schools, wellbeing programs and community service events/initiatives.

Character development is also a key facet. We have increased involvement in community service projects working closely with the School Chaplaincy and external community contacts. Long term commitment to community via charities – Cambodia Project, Royal Flying Doctor Service, Ronald McDonald House and Red Shield Appeal (Salvation Army). We have recently developed our Community Service Passport which enables all boarders to record their community service involvement and this is a helpful reference point when we select boarding leaders. A key facet to our development of our globally minded Princes Man is our community building program which is supported by initiatives such as New Mates Day – at the commencement of each

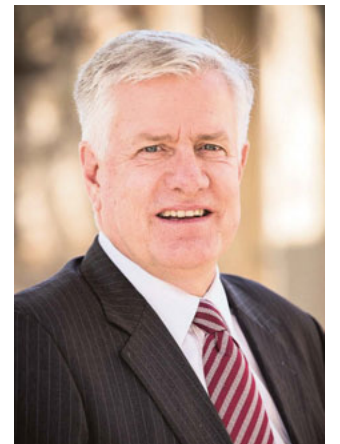


◆ **LEADERS IN BOARDING:** Charlie Treloar, Bryce Chapman, Lachy Zanker and Mr. Roylett (Director of Boarding).

year we have a designated community building day to assist with integration of new students. We also have Cultural Themed dinners – celebrating our diversity and aligning with significant cultural events – e.g. Chinese New Year. And finally this publication – *the Boarders' Herald*, which is printed every year and catalogues the social and community events throughout the boarding year.

Developing a global citizen is intrinsically linked to the development of our Princes Men. Our extensive boarding program supports this development and is key to its success.  
*Fac fortia et pater* – do brave deeds and endure.

## Boarding Success



**Mr. Bradley Fenner**  
Headmaster

BOARDERS have been a key part of the Prince Alfred College community since the school opened in 1869. As the largest boys' boarding program in South Australia, we are committed to developing and maintaining the best possible facilities, staffing and support for boarding.

This commitment can be seen in the recent opening of our new dining facility, located centrally in the College adjacent to the Back Oval. Our previous dining room had served boarders and resident staff since 1869, but was not adequate for the numbers of boarders that we have seen in recent years.

Our new dining facility has seating for up to 400, and is already proving to be a wonderful addition to our facilities. We have noted that the boarders are tending to take longer over their meals and taking time to sit in the pleasant surroundings, with an attractive outlook across the Back Oval and all the way to the Adelaide Hills.

We are now pursuing the development of plans for a proposed new boarding facility, to be located on the other side of the Parade West, over the road from our hockey field. We intend building a state-of-the-art facility, with a capacity for 150 boarders. This will also enable us then to develop for other purposes the parts of the campus now occupied by our boarding facilities. Within the next few months, we hope to be in a position to announce the commencement of this project.

All of this indicates the central position that boarding occupies at Prince Alfred College. Our boarders are represented disproportionately in our first sporting teams and are also notable by their prominent support of school teams and activities. The spirit within the boarding house is evident for all to see.

In that context, it is no surprise that we are seeing strong demand for boarding places at PAC, with our boarding house already very close to full for 2017 and looking like that will continue in 2018.

I commend and congratulate our boarders and boarding staff for all that they are achieving in 2016 and acknowledge their key role in the continuing success of Prince Alfred College.

## A Word from the Captain of Boarding



**Lachy Zanker**  
Year 12 Student and  
Captain of Boarding

THIS year has presented many challenges in school and life in general. Some challenges have been easy to overcome whilst others I am still in the process of overcoming. Being Captain of Boarding at Prince Alfred College is not all about the title, but about being a good role model to younger boys within the boarding community. Earlier this year, I went through a family tragedy and the support by the boys and the staff in the boarding community has been overwhelming. The support that I have received is a testament to the culture of the boarding community, that boys and staff alike endeavour to maintain.

The Prince Alfred College boarding community has also shown their support in the wider community. Midway through Term 2, boys completed the annual Red Shield Appeal. Although there were boys from the senior school who participated, it was encouraging to see many of the junior boarders stepping out of their comfort zone to be involved in helping out. On top of the Red Shield Appeal the boarding house also led the service of providing blankets for the Salvation Army. This was run by Pam Oliver and was very successful with the boarding community providing around 100 blankets. This once again shows the devotion the

boarding community has towards supporting the wider community.

We live in a multicultural society and our boarding community reflects this. This year, we have taken many encouraging steps in fostering positive interactions between international and non-international boarders within the boarding community. Days such as Make New Mates Day, Australian Cultural Awareness Day and having the opportunity to invite an international boarder home for an Exeat weekend are all ways in which we celebrate our global community and ensure we have good integration. I believe as this continues, we will further enhance our unified global community.

The opening of the new boarding house dining hall has been a positive addition, as many boys are appreciative of the new space. As the new dining hall is much larger than the old one, it gives boys the opportunity to enjoy the spaciousness of their surroundings without congestion. Although the beginning of the year was extremely tough for me personally, I have learnt many lessons about life and leadership. For me being Captain of Boarding, it is important to become a recognisable face in the boarding house. Two of the big things for me is communicating

with the other boys and staff and having a genuine conversation with them and being involved in the opportunities that the boarding community presents such as the weekend activities. I am proud to say that as a Year 12 boarder I was able to participate in a number of activities this year such as paintballing and Make New Mates Day on top of my Year 12 workload.

Finally, I would like to acknowledge the two Vice-Captains, Bryce Chapman and Charlie Treloar. Bryce and Charlie have supported me this year in my role as Captain of Boarding but they have also been two genuine friends, which has meant a lot to me this year. Additionally, Mr Roylett's support has been much appreciated, not only supporting me as Captain of Boarding but providing guidance for Year 12 and life in general. Similarly, the boarding staff who all do an amazing job supporting the boys and developing strong staff student relations has made this year manageable. I would like to wish next year's Captain of Boarding all the best with his role. One piece of advice would be not to overcommit on anything but take the opportunities that are presented throughout the year and make the most of them. Most importantly remember to enjoy the ride.



◆ **BIG PLANS:** Mr. Pippett and Mr. Roylett gathering ideas for the new Boarding House whilst on a College history trip in Versailles last year.

I will miss the occasional midnight stroll around in front of the main building, scanning for fruit bats and possums in summer and pondering the profound sense of history and tradition this famous school exudes. These deliberations would always lead me to the question "What would it have been like..."

Of course - a key question for any budding historian. What would it have been like to actually see Prince Alfred lay that foundation stone back in 1867 (before he headed up to Belair to shoot around 50 possums two days later)? What would it have been like when boarders like Hugo Throssell travelled from distant places like Western Australia by boat to get here? What would it have been like during WW1 when, tragically, Headmaster Bayly had to share report after report of old boys dying in far-flung places like Gallipoli, the Somme and Flanders? (Then sadly Headmaster Ward had to do the same during WW2.) Imagine if you'd happened across a First XI match on our Front Oval in 1959 or 1964 and saw Ian or Greg Chappell bat as schoolboys - what would that have been like? Or saw Peter Darley or Rick Davies play on that illustrious ground? I wonder what it would have been like for boarders and staff living in the main building up until 1990? Or living here on campus for six years? Well at least I can answer that last one!

Perhaps it is my passion for History and Literature that is taking me back to the world of the classroom, but there are many things I will miss about living in the PAC Boarding community. It has been an all-consuming, fascinating and utterly enjoyable part of my life. But then again - I'm not moving that far away (just across the back oval). Au revoir lads!

## Life in Bayly

**Ron PIPPETT**  
SENIOR RESIDENTIAL ASSISTANT

I HAD my first experience of a boarding school way back in 1985 when, as a young teacher, I was appointed to a position at The Geelong College. In fact I have only ever taught in boarding schools, so even from those early days had harboured a desire to engage more fully in this part of school life. Then six years ago I was offered the opportunity here at Prince Alfred College and it has been brilliant!

Sure, there were new skills to learn and a different daily routine that sometimes occupied you until late into the evening. However, working with some tremendous young men and an exceptional group of staff members would have to be the highlight. I quickly learnt that there is a subtle but important difference between being a classroom teacher and being a boarding staff member, where instead of teaching History, I was modelling important character traits like honesty, integrity, dependability and justice. Actually justice is very important to boarders!

Certainly life experience, a love of learning, a sense of humour and a healthy degree of transparency all help when dealing with boarders, but most important of all is to be able to nail a 'Stevie J Special' from the cricket net pocket on the Back Oval. Do this - instant respect!

## College Captain Infiltrates the Boarding Community!

**Zac HEIM**  
2016 COLLEGE CAPTAIN

AFTER six years as a day student, I thought that my understanding of Prince Alfred College was as good as that of any other student. I've had the opportunity to take part in tennis, football, rugby and rowing at various stages, my courses, leadership and service, and generally get to know the place. I didn't think I would leave the College with much more to learn. Then I spent a week in the boarding community.

On 19th June, a Sunday, I moved into the Bayly Wing for one week to experience boarding at Princes. Before I had a room, I already felt at home. The staff welcomed me with enthusiasm and kindness, and the boys in Bayly accepted me into their building effortlessly, which made the experience all the more genuine. I moved into the Harry Potter room - aptly named after the small room in which Harry Potter lived as a child - and spent the first night meeting new staff, and talking to my new housemates.

Very quickly, I was joining in on the boarder routine. Whilst different, this had some major bonuses. Waking up as late as 8:15am was amazing, and having the opportunity to eat, study and live with other students made for a great time.

I learnt that there is not really one word to describe the boarding experience, nor the boarding community itself. However, if I had to pick one, I'd choose compassionate. It is easy to see that within the boarding community is a great deal of love. The guys are in it together, and they show the type of mateship that lasts for life. The boarding family is just that, a family.

◆ **BOARDER FOR A WEEK:** Zac Heim in front of the Bayly Boarding House during his stay.



◆ **PLANES, PLANES, PLANES!** Jayden Wong loves everything aviation.

## So Far This Year... I Have Spent 90 Hours in the Sky

EVER since I can remember, I have been interested in planes and everything aviation. Luckily, back in 2014, my parents saw my determination to be an airline pilot when I grow up and have been helping me get more experience in this area ever since. Having a good education is vital if I want to be a pilot and that was part of the reason why I chose PAC. I will be able to get an excellent education and then hopefully follow my dreams of becoming a pilot one day.

During the mid-year break, I was lucky enough that my Mum had some spare time to go on holiday with me. I normally live in Hong Kong, so after flying to Hong Kong from Adelaide, we then decided to go to London for two weeks. London is my second home, so I was very excited to be there. When I was there, I travelled to Farnborough for the every-even-year International Airshow. That day was memorable because I met a Gulfstream pilot who brought me into the cockpit, he also told me about his young life from a student to a pilot which made me feel excited about my own journey to become a pilot. My uncle and two of my cousins, who also know how to fly a plane, also attended the show, so as a family we all enjoyed the airshow very much.

When I was at the show, I got to see airplanes A380, DC-10, F-18 and many other sorts of planes and I was overwhelmed with seeing them! I am always amazed at how such heavy metal can soar through the air and act as a common form of transportation!

To end my travels, after London, I then flew to Bangkok hoping to meet more family members there. Unluckily, I wasn't able to meet up with my Thai mates there but maybe next time. I was still happy though and enjoyed another plane ride home.

- Jayden Wong, Year 10



◆ **LIVING THE HIGH LIFE:** Jayden enjoying his time inside the finest Gulfstream private jet.



◆ **IN AVIATION HEAVEN:** An Airbus E-Fan 2.0 (two-seater electric aircraft) and the massive Airbus A380 behind.



◆ **THE OLD FENCE LINE:** 2016 Joint Winner, Fletcher Thomas, Year 12.

## Best Boarders' Photograph 2016

IN 2015 we launched the competition, best boarding photograph of the year. The competition saw budding photographers within our boarding community send in their best photographs to be judged by the Boarders' Herald Committee. Last year's winner was Henry Hawkins (now Year 9) with his stunning photo "Frosty Mornings". This year we had even more entries than last year and it was a very difficult decision.

The Boarders' Herald Committee whittled down the photographs to the best two but a decision couldn't be made as they were both so good. The two best photographs were then sent to Darren Roylett, our Director of Boarding, to make the final decision.

However, with the two photographs being of such a high standard our Director of Boarding decided we would have to have two joint winners. Therefore, we are pleased to announce the winners of the 2016 Boarders' Herald Photograph are Fletcher Thomas (Year 12) with his photograph "Old Fence Line" and Angus Dare (Year 11) with his photograph "Harvest". Congratulations boys! They both will have their photographs put on canvas, with one of the canvases being displayed within our boarding community and the other one they will get to take home.

A big well done to all the other entries this year, maybe you'll be able to win it next time!  
– Hayley Hall, Senior Residential Assistant



◆ **HARVEST:** 2016 Joint Winner, Angus Dare, Year 11.

## 2016 Boarding House Prefects



◆ **PREFECTS:** Back (L-R) Darren Roylett, Charlie Riggs, Jack Ryan, Malcolm Sim, Bryce Chapman, George Murdoch, George Shand, Jack Wilkins, Peter Treloar; Front (L-R) Ned Hage, Spencer Ng, Fletcher Thomas, Lachy Zanker, Max Treloar, Harry Love, Charlie Treloar.

## A Memoir by Zac Bailey

Hi guys, don't look away and stop reading, yeah, I am talking to you, yeah you, this is only the first sentence. Before you go, let me firstly introduce myself, my name is Zac Bailey and I grew up in a little old suburb called Howard Springs, located 30 minutes out of Darwin city. I attended Good Shepherd Primary School, thinking that was where I would also get my secondary education. However, I was then introduced to the idea of going to boarding school. At the time, I didn't think much of it and I figured the chances of coming to a school in a separate state were very low. Also, I was not putting much effort in at school, which also didn't help my situation. I know now, that "In order to succeed, we must first believe that we can" and at that time in my life I didn't believe that I could, so it wasn't looking great.

However, I was searching the internet one day and I came across the quote, "Every accomplishment starts with the decision to try". This quote was the spark to my engine and the light to my hallway and I learnt a lot from it. It

sparked a different thought process and changed my whole philosophy on life. So I decided to submit an application for PAC. I wanted to achieve something greater than what I felt I was capable of doing at my old school. I wanted to help the people around me achieve greatness, I wanted to embrace the opportunities provided and I wanted to become... a Princes Man. I'm happy to say the chances of becoming that Princes Man suddenly became an option as my brother and I were accepted and invited to attend PAC.

A famous person who goes by the name of Jimmy Dean, once said, "I can't change the direction of the wind, but I can adjust my sails to always reach my destination". I feel as if I have set the destination and the transition to a different school is me changing the sails for my final destination. If you fail once or you get set back or you have trouble in any way, shape or form, just adjust a few things and you'll be right back on the path to your final destination. Always remember, you can't cross the sea merely by standing and staring at the water.

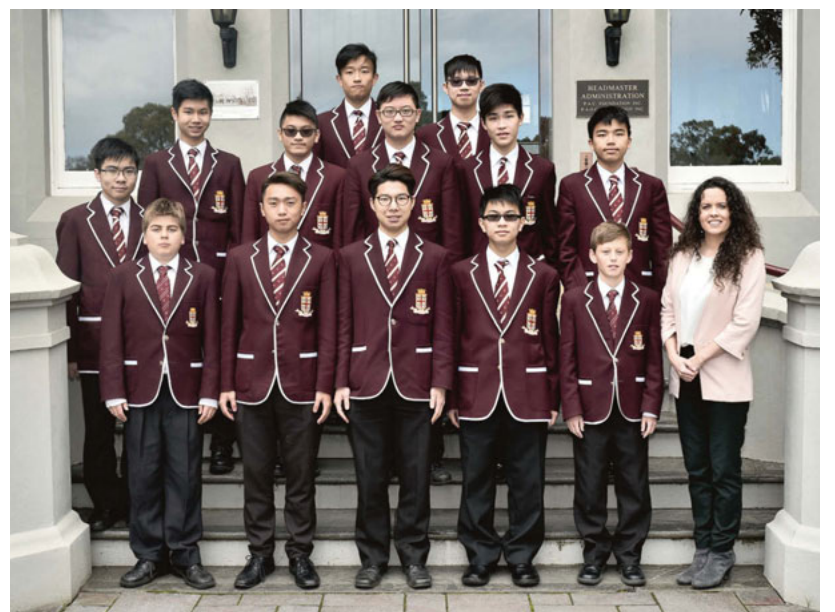
– Zac Bailey, Year 11

## Foreign Affairs

BEING an international boarder in the boarding house is wonderful. With 139 boys, you can make a lot of friends in our boarding community. We are all from different places across the world making our boarding community truly global.

As an international boarder, there are a few things that I think we, as international boarders, do really well. First of all, I think we manage ourselves pretty well. We know how to take care of ourselves. We generally keep our rooms tidy and manage our time well. Secondly, I think we are able to have good conversations with the local boys. For us, they are our new mates in Australia and most of them are so nice to us and they have really helped me improve my English. I would like to take this opportunity to say a big thank you to them. The final thing that I think that international boarders do really well, is show respect to anyone who is older than us. We show a great respect for all our teachers and boarding staff. In my hometown in China and even the whole of Asia, respect is a vital characteristic to show and display. To respect older generations is the most important thing in our culture. Finally, I am not saying that international students are the best, but we are really trying hard to be a positive part of the Princes community.

– Felix Fong, Year 11



◆ **OUR GLOBAL COMMUNITY:** Mrs Hall and some of the Prince Alfred College International boarders.

## Rugged Up

WITHIN boarding we like to help those who are less fortunate than ourselves. This year, Pam Oliver put out an appeal to the boarding community, to collect blankets, quilts and sleeping bags, to give to the homeless who sleep out in the cold every night. This is part of a Salvation Army initiative and we are proud to be

doing our part. At this stage, we have donated over 100 blankets and quilts, but we want to give more! Please help us to do this! If you'd like to donate any blankets, quilts or sleeping bags that aren't currently being used, please drop it in to us at the Fiddian boarding house and we will happily donate them. Thanks in advance for your help

– Hayley Hall, Senior Residential Assistant, International Students



◆ **DONE DEAL:** Mr Roylett shaking hands with the ambassador for the Salvation Army after we donated some blankets.



## Make New Mates Day



◆ **NEW MATES:** Duncan Bussenschutt and Gavin Sim becoming new mates at Make New Mates Day.



◆ **SUMO PARTNERS:** Carl Hao and Seb Desmazures before their Sumo match.

THIS year marked the third year anniversary of Make New Mates Day! Make New Mates Day is an annual event which I run within boarding and the day is designed to create an opportunity for international boarders to foster meaningful friendships with non-international boarders in a fun and friendly environment. Each international boarder invites a non-international boarder to the event. We have a delicious sushi lunch, they complete rapport-building questionnaires over lunch, we play team-building games and the afternoon culminates in Sumo wrestling matches in padded Sumo wrestling suits. After gruelling knock out rounds, the final Sumo wrestling match was between Liam Ousey (Year 12) and Andrew Liebelt (Year 11). This year's King of the Sumo title went to Andrew Liebelt, who put on an impressive show. Throughout the event the boys were also challenged to name as many of their new mates as possible. This year, Henry Hawkins (Year 9), was able to successfully name all of the 80 boys in the room, which was very impressive! At the end of the day, lots of new friendships were made and we celebrated our global community in a fun and meaningful way. Make New Mates Day is one example of the steps we take to ensure our international boarders are well integrated and well received by our non-international boarders and the boarding community flourishes as a result.

– Hayley Hall, Senior Residential Assistant, International Students

## Fine Dining at Parliament House

THE Boarding House prefects were met on the steps of Parliament House by old scholar and Member for Flinders, Peter Treloar. The evening began in the Speakers' dining room, where a delicious three course meal was served. The main course was steak, which was thoroughly enjoyed and appreciated by all the boys. Other guests attending the dinner included Prince Alfred College parent and Member for Chaffey, Tim Whetstone, and another old scholar, the Honorable John Dawkins MLC.

After the dinner was completed, Mr

Treloar and Mr Dawkins gave us a tour of the building. Both the Upper and Lower House chambers were viewed, each containing much history that both Mr Treloar and Mr Dawkins shared. The evening ended with a quick tour through old Parliament House, which is situated next door to the current building. It was a real privilege to be able to enjoy this experience and I'm sure every boy will always remember a splendid evening spent at the South Australian Parliament House.

– Max Treloar, Year 12



◆ **PARLIAMENT WATCH OUT:** Boarding House prefects enjoying a meal at Parliament House.



◆ **A NOBLE EFFORT:** Phil and Tabitha Noble with their children Nash, Zali and Toby.

## Our Life as a Boarding Family

WHAT is life as a Boarding family really like? Busy! Being in Boarding is not so much about balancing the demands of work, life and family but either running full pace during term or almost complete rest during the January and July breaks. We have three children, Toby 6, Zali 4 and Nash 2, and they love being a Boarding family. One highlight of their week is riding their bikes through the College to have Wednesday night dinner with Dad and the Boarders. They are completely at home in their extended backyard and at ease amongst the 139 teenage boys they share it with.

Over the years they have had some wonderful relationships with boys who have come through the Boarding community; even at age 2, Toby happily told us one day that he was not eating with us, he was going to sit with the big boys. There is much truth to the adage that it takes a village to raise a child, and whilst a bunch of teenage boys seems an unlikely village, they quietly accept the kids into their fold. It doesn't take long for the children to work out that if they stand forlornly at the cordial machine for a moment, the tap just out of reach, there will be a tall boy not far away who will quietly take their glass and fill it. But they are teenage boys after all, so even 6 year olds aren't immune to the odd practical joke, like finding your bicycle upside-down when you leave the dining hall.

Our week is fairly busy and the regular 9 to 5 does not apply here. Apart from Wednesday night shifts, there are Monday night house meetings, a few Sunday night chapels each term and of course, Sunday morning brunch (because that is where you find the best hash browns). Then of course there are the day-to-day issues that arise at any hour, the intermittent fire alarm evacuations that keep everyone on their toes and the ever-exciting activities calendar, which I am beginning to think is driven in equal parts by the interest of not just the boys but the creator of this list! So we have become accustomed to having Phil pop in and out throughout the day and evening. Whether they have become a product of their circumstance or they were just born flexible, most days the kids happily muddle through with whatever the day brings.

Now family outings are usually pretty fun, but if you get the opportunity to take a dozen or so 'big brothers' with you that really is better because clearly they will be more fun than Mum or Dad. Some great activities we have enjoyed as a family include gingerbread house decorating, sporting events, Intercol matches, strawberry picking, a trip to Monarto, Easter Sunday church service and trampolining. I even remember one night a few years ago spent in a tent with a toddler at an oval while a group of boys ran in the Relay for Life, perhaps not one of my highlights, but an experience all the same. As he has gotten older, Toby has been able to go along to a few more things and a most recent highlight was not the football game that he attended but watching the boys play Pokémon Go on the bus on the way home.

Whilst the boys are never short of company in the Boarding community, many are apart from younger siblings and extended family. If they've come in as a junior boarder from a family where they are the eldest, it is an especially big transition and those boys in particular enjoy the occasional



◆ **SWEET DEAL;** Right: Georgia and MacKenzie (Mr Roylett's children) making gingerbread houses as apart of a boarding activity, and, left: Audrey Hall (Mrs Hall's daughter) on the boarding house Mexican-themed dinner night.

company of our children, who think the boys are amazing just for being themselves. The boys will play pool with them in the common room, help them with equipment in an activity, let them cut in line, explain things they are doing, chat to them, laugh with them and sometimes just invite them to be a part of the group. It is evident these events are enjoyed as much by the older boys as the younger. Of course endearing yourself to the Deputy Director of Boarding's children doesn't hurt if you are the type to find yourself in the spotlight occasionally.

Living onsite, what is that like? Many people are curious, it seems unusual and I suppose in the broader context of life in South Australia, it is. However, there is quite a community here at Princes, including two other families with young children; the Royletts with their two children (Mackenzie 9 and Georgia 12) and The Halls with their two children (Arthur 11 months and Audrey 3) and five years on it all just seems perfectly normal. Many people assume the location must be fantastic, so close to the Parade and the city. It may well be, but with three young children, leaving the house at all is akin to a military operation anyway, so I am not best placed to comment on that. We do however, love being under the flight path of the F/A-18s during Clipsal week (we can literally see into the cockpit as they fly inverted overhead), walking into the Fringe and hearing the crowd cheer at Adelaide Oval. The kids do still fall asleep in the car on the way home from the zoo and along with the odd boarder, we occasionally get delayed by heavy traffic at the roundabout on the way to school.

In considering our decision to come into Boarding we did so with the full intention of involving our whole family. The kids have only known a life where they share their Dad with their Boarding family, and being a part of it themselves helps them to understand. We are much richer for being a part of this community and have developed some lovely relationships with the boys and their families as well as other Boarding and residential families. Although I am sure it is not for everyone and it certainly adds to the complexity of life in a busy young family, we love our life in the Princes Boarding community. I am also not sure how we would entertain Phil in the evenings and on weekends if he didn't have Boarders to look after!

– Tabitha Noble, Phil Noble's wife  
(Assistant Director of Boarding)



# Goals and Aspirations

## Year 8 vs Year 12

THE Boarders' Herald Committee thought it would be interesting to interview a Year 8 boarder and a Year 12 boarder and get a snapshot of where they are at now and where they hope to be in the future. Therefore, please see the questions we asked them below...



Alex Voon, Year 8



Fletcher Thomas, Year 12

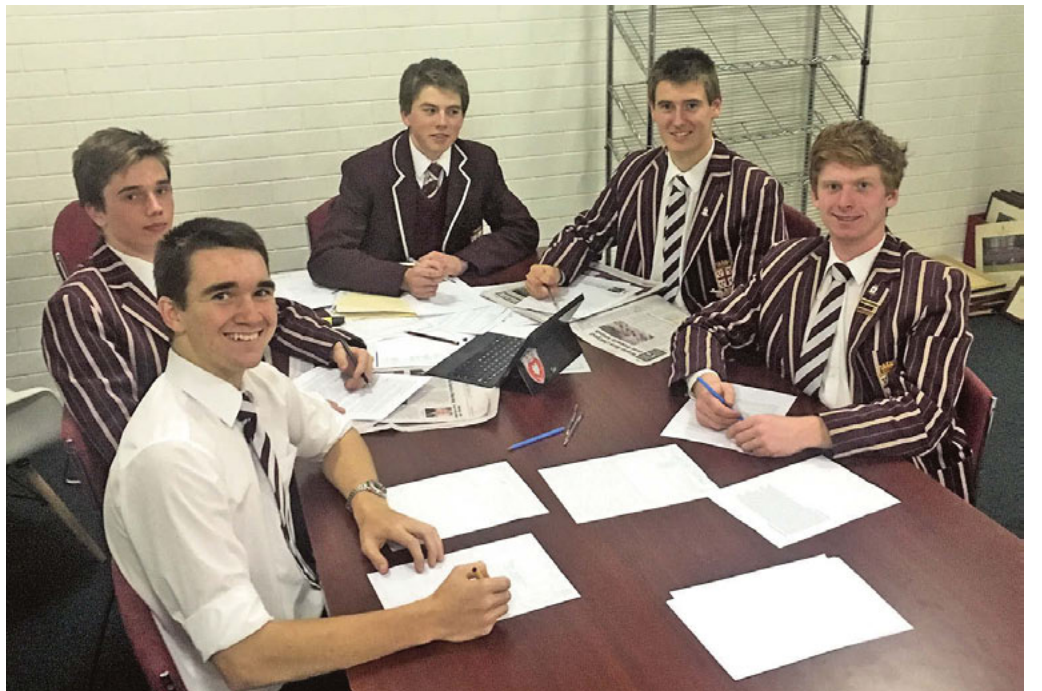
### Alex Voon

- ◆ **What year are you?** I am in Year 8
- ◆ **What year did you start boarding at PAC?** I started in 2015, halfway through Year 7
- ◆ **What would you like to do as a career when you leave PAC?** I would most probably like to be a doctor. Since I was about 8 I've had the idea that I'd like to be doctor. I like the idea of helping people.
- ◆ **What skills or qualities do you have, that you think will help you in this job?** As a doctor you should be thorough in your approach and take the time to assess what is wrong with your patients. I would like to think that I am thorough in my approach to my studies and I'd like to think I am good at talking to people, these are skills that I think will help me to become a good doctor.
- ◆ **Do you know anyone who currently does this job?** Yes. A fellow boarder's mum is a nurse and my old neighbour in Hong Kong is a doctor.
- ◆ **What have you learnt about yourself while boarding at PAC?** I've learnt to be a lot more independent in my learning. For example, at my old school when I was given homework I'd get my Mum to help me but at boarding I am more organised and listen more carefully in class so that I can complete my homework on time. Being an international boarder means that I have to be even more independent as Mum and Dad aren't even in the country!
- ◆ **What has been your greatest achievement so far while boarding?** My greatest achievement has been the fact that I have tried so many new things since I started in boarding. For example, I've gone to the city with my mates, I've been really good at finishing all my homework and assignments. I've also done lots of activities such as paintballing, mountain biking, Friday night tech, going to the ice hockey and watching all the monster trucks at a recent event. I've achieved lots!!
- ◆ **What has been your biggest regret?** I've had no regrets in boarding and at the College, I've loved every minute of it!
- ◆ **What advice would you give to future Year 8 boarders?** Try everything and give it your best effort!

### Fletcher Thomas

- ◆ **What year are you?** I am in Year 12.
- ◆ **What year did you start boarding at PAC?** I started in 2014, I was a Year 10.
- ◆ **What would you like to do as a career when you leave PAC?** I am thinking about going into corporate finance or possibly economics. Ideally, my dream job would be an investment banker working both in Australia and internationally. I'd be particularly interested in working in Europe and South East Asia.
- ◆ **What skills or qualities do you have, that you think will help you in this job?** I've got good organisation skills and I enjoy problem solving. Maths and Economics are two of my preferred subjects. All of these skills mean that I think I will be well suited to this career option.
- ◆ **Do you know anyone who currently does this job?** As an investment banker, no, but I have multiple extended family members who work in accounting and finance. They seem to enjoy this career path and from talking to them I believe it will be well suited to me.
- ◆ **What have you learnt about yourself while boarding at PAC?** That is a challenging question! I have learnt that I am a lot more independent than I was living at home and I am a lot more organised. Being a boarder, I have to rely on myself rather than my parents and this has enabled me to develop my organisation skills. My time management skills have also been finely tuned since becoming a boarder. I feel I am able to participate in multiple co-curricular and community activities whilst maintaining consistently strong academic results.
- ◆ **What has been your greatest achievement so far while boarding?** Winning the Hockey Intercol this year, as a Year 12, in front of the rest of the College is something I will always remember.
- ◆ **What has been your biggest regret?** Probably not maximising the amount of opportunities the College and boarding community has to offer. If I had my time in boarding again, I would study harder in Year 10 to create a stronger foundation for success and better study habits.
- ◆ **What advice would you give to future Year 8 boarders?** To make use of all the opportunities the boarding community has on offer such as the diverse activities program and to utilise the structured homework sessions productively.

## 2016 Boarders Herald Committee



◆ **HARD AT WORK:** (L-R) Ned Hage, Lachy Zanker, Fletcher Thomas, George Shand and Bryce Chapman working on the Boarders' Herald.

## A Behind-The-Scenes Interview with our Lovely Laundry Ladies

IN housekeeping we have Colleen Fagolini and Pauline Coupe. The Boarders' Herald Committee wanted to interview them to get some insight into what it takes to keep your cool in the hot and busy laundry rooms of an all-boys boarding school. With 139 boarders, we keep them very busy. Interviewing them was lots of fun. They spent most of the time laughing about all the washing, the mud, the smells and sharing the passion they have for their jobs. Please see what they had to say below...

### What are your specific roles?

Pauline: Being Mums haha!...

Colleen: Yes definitely like Acting Mums for the boys (or trying to be).

### More specifically what do you do on a daily basis in the laundry?

Pauline: Sorting, washing, folding and drying all the clothes.

Colleen: I do all the ironing, folding and mending...

### On average, how many shirts would you iron?

Colleen: Good Lord... at least 150 a day!!!

### On average, how many jocks and socks would you wash a week?

Colleen: ... and repair? You have no idea - some of them are like jigsaw puzzles - I have to mend them back together. It's very funny!

Pauline: At least 100 jocks every day. Colleen: Sock bags are full to the brim!!! Every day.

### What's it like doing the washing after a wet and muddy football game?

Pauline: Awful! Ha ha! Mud goes down your fingernails. It's horrible. We have to rinse it all off first, then we have to soak them, then scrub them and then put them in the wash!!! And then I have to re-do my nails! Ha ha! It's a horrible feeling. Colleen: Not very good ha ha!

Pauline: The worst is when you have to pull the socks the right way around and the mud goes down your nails and everywhere!

Colleen: Ohh yes and the smell...



◆ **RUB A DUB SCRUB:** The hardworking Colleen and Pauline.

Oh the mixture of everything...ha ha! **Obviously you wash the boarders' clothes every day, do you ever get sick of it and who washes your clothes at home?**

Pauline: I don't get sick of it - I'm happy doing it for the boys! And I do it all at home too.

Colleen: I don't get sick of it either. I iron for three hours on a Sunday. I love it. I have to do it all at home too. When my daughters were 26 and 24 (so old enough to do it for themselves), I was still doing their ironing! My son-in-law even called me the other day and said "I've got a wedding to go to - can you wash and iron my shirt?" Haha!

### How many lost pieces of clothing come through?

Colleen: ohh don't ask - at least 3 big baskets from one term alone!

### What's the most difficult part of your job?

Colleen: I don't have one - I like the sewing, mending - the mending

is my challenge.

Pauline: When sheets get tangled in the washing machine - it can be tough to get them out!

### What's the most rewarding part of your job?

Pauline: Just working for the boys. Colleen: Making sure stuff is ready for boys.

Pauline: Leaving it all neat and tidy in the lockers for the boys to come and collect. I love that part.

### How long have you been with us?

Pauline: 29 years!!! So I must love my job!

Colleen: 10 years!

Pauline: I've seen thousands of boys come through. I still keep in touch with some. I still am in touch with a few of the boys from the Yorke Peninsula and Renmark - it's so nice to keep in touch with them.

**Thanks for everything you do and on behalf of the whole boarding community we really appreciate all your hard work.**



**STRAWBERRIES AND SUNSHINE:** PAC and Seymour Girls enjoying a day of picking strawberries at Beerenberg.



**PICTURE PERFECT:** A glorious day picking strawberries at Beerenberg strawberry farm.



**STRAWBERRY PICKING:** Boarders Gavin Sim and Charlie Lawrence enjoy the fruits of their labour.

## Juicy Fruit

WITHIN our boarding community, we have an activities programme. The activity programme offers all different kinds of events that you can sign up to over the weekends. We have some really good boarding activities which I regularly sign up to! On Saturday 27 February we had the opportunity to go strawberry picking at Beerenberg Strawberry Farm. Beerenberg is a family-run farm; they have been farming the same piece of land in South Australia since 1869. They are a proud Australian family with a passion to produce high quality goods and their strawberry picking farm has been running pickings since 1975. They have never missed a season. Therefore, we were pleased to get to attend the farm and go picking! Sometimes we invite other schools to join us on our boarding activities. For this activity we were joined by Seymour girls school who also really enjoyed the strawberry picking. Mr. Noble and his family also joined us on the activity and it was a fun afternoon. My favourite part was getting to eat all the strawberries at the end. I don't think I've ever eaten so many. They were delicious! We even had a cheeky strawberry fight at one point, but made sure that no strawberries got wasted. To make the afternoon even more fun, there was a special game to play, which was finding the 'gold' strawberry. If you found one, you got to pick something special out of the box. After we had finished the strawberry picking we got to walk down the road to the bakery and enjoy a pie and sauce and enjoy the beautiful scenery. It was a great day out and I'd definitely do it again.

– Charlie Lawrence, Year 7

## Food, friends and fun



**COOKING WITH FLAIR:** Max Buggins enjoying the Sprout cooking class.

THE Sprout social between Prince Alfred College and Wilderness is an activity that is run once a year and is open to boarders in Years 7-10. This year around 20 boarders signed up from Prince Alfred College and an amazing 40 Wilderness girls decided to join us! The cooking class is a great way to make some friendships with the girls, as well as getting a good meal and learning some new culinary skills. The activity began with a bus ride to Sprout which is located on Sir Donald Bradman Drive. On arrival we met the girls from Wilderness. After everyone was ready to go, people were put into groups of four or five to help everyone meet. Once we were in the groups, a short quiz was taken, with foods that we had to

taste. This proved quite difficult as there were lots of ingredients that we had never even heard of before! Once the quiz was over, we went into the kitchen and watched the demo of how the meal that we were making would be made. From observing Themis Chryssidis (Old Red scholar) and Callum Hann (2010 Masterchef runner-up) you get to learn quite a few cooking techniques. After eagerly waiting, everyone was keen to get cooking. The cooking was a lot of fun and eating the food was even better! After eating the main, another quiz was taken which proved again quite difficult. Once again we went back into the kitchen and prepared our desserts which helped show that desserts can be healthy and delicious at the same time. Sprout is a great activity as it has something for everyone and is one that I would highly recommend.

– Henry Hawkins, Year 9



**NEW SKILLS:** Boarders Edward Downing (left) and Thomas Sze (right) learning new skills and cooking with Wilderness girls at the Sprout cooking class.



**BOARDERS BOUNCING:** Wilderness and Seymour Boarders joined PAC Boarders at Bounce.



**BOUNCING AROUND:** Felix Fong about to engage in a game of dodgeball.

## Bouncy Boarders

THE Bounce social was a wonderful event. On Saturday 11 June, around 40 international boys met up with around 20 international girls from Wilderness and Seymour boarding schools to go to Bounce. Bounce is a massive indoor trampoline venue with more than 50 interconnected trampolines. You can try shooting hoops in the Slam Dunk arenas, as well as wall running or even playing a game of Dodgeball in the dodgeball courts. Its good fun because you can jump really high but know that you will always have a soft landing! It had been organised for us that we wouldn't just be bouncing on the trampolines, but that we had instructors from Bounce to ensure we all mingled and made new friends, which helped break the ice.

For us boys, living and studying in an all-boys boarding

school makes it a bit hard for us to meet and interact with girls. Social events like this give us a chance to interact, have fun and form new bonds with people, whether it be a committed relationship or just a friendship. During the Bounce social, many of the boys were nervous at first. While getting ready to start the activity, everyone became very ecstatic and full of joy as the girls arrived and got ready to join in with the fun. The memories that we made during the event will surely be held deeply and always remembered. Most of the boys, including me, will be looking forward to another event such as the Bounce social so that we may meet new people or strengthen old bonds between each other.

– Shafique Aman-Arsad, Year 11

# Prince Alfred Boards Active

**A**t Prince Alfred College, we offer our boarders an extensive range of activities during term time, so that our boarders can sign up to as many activities as they like. Boys can either sign up for the whole term in advance or on a weekly basis. By Wednesday of each week, they can ensure they will have a variety of activities created by Mr. Noble who manages the activities. From paintballing to cooking classes. With around 150 activities to choose from, Of course, we couldn't write about them all so check out the calendar below.

Term 3 2016		
Week		Activity
1 (July)	Fri 29	Friday night tech
	Sat 30	Movie: Jason Bourne
	Sun 31	Fishing Intercol AFL: Adelaide v Essendon
2 (August)	Fri 5	Sprout Cooking with Wilderness
	Sat 6	Rio Olympics Opening Ceremony AFL: Adelaide v Brisbane
	Sun 7	Make new mates day Ice Hockey: Adelaide v North Stars
3	Fri 12	Wilderness Sports night
	Sat 13	Flinders University Open day SANFL: Norwood v Adelaide AFL: Port v Melbourne
	Sun 14	Yum Cha University Open Days Australian Cultural Awareness Works
4	Fri 19	
5	Fri 26	Intercol Basketball
	Sat 27	Intercol Football SANFL: Norwood v Eagles
	Sun 28	Kayaking Boarders Chapel
6	Fri 2	
7 (Sept)	Fri 9	Boarders Day Friday night tech
	Sat 10	Adelaide Show
	Sun 11	Colour Run Provide First Aid Cooking Class: Bahn Mi
8	Fri 16	Adventure Room Challenge
	Sat 17	Golf: Driving Range
	Sun 18	City to Bay Provide First Aid
9	Fri 23	Movie: Secret life of Pets Friday night tech
	Sat 24	Latitude
	Sun 25	Scuba Diving: Rapid Bay Cooking class: Grill'd Burgers
10	Fri 30	



**IT AIN'T EASY:** The Adventure Rooms were a challenge.

## The rooms of adventure

ON Friday 3 June we got to experience The Adventure Rooms. The Adventure Rooms are an experience that is definitely worth trying out, especially if you are the type of person who likes an intellectual challenge. With six people in a team, handcuffed and with only the hope of using clues to escape, you have to escape without the other team catching you. It is well worth a try as you get to see all sorts of conspiracies that you and your teammates come up with, when trying to escape. Lots of fun and you have a good laugh when you learn that everything is not as it seems and sometimes you need to look at things in another light to help work something out. It was a great activity to do and I learnt a lot about my fellow boarders who attended with me.

– Charlie Treloar, Year 10

# ed College ding ivities

nsive Activities programmeme. These are activities that have activities to sign up to on a Friday, Saturday and e and there is no extra charge for them getting involved. sign up on a weekly basis. As long as they have signed up ve a fun-packed weekend. Every term an array of ivities programmeme, offering everything and anything ivities on offer every year our boarders are never bored!! some of the activities our boarders have done this year...

	Time	Location	Group
	7.00pm	PAC Workshop	All
	6.30pm	Norwood Cinema	All
	6.30am 4.10pm	Murray River Adelaide Oval	All All
	5.30pm	Sprout Kitchen	Yr 7-10
	8.30am 7.10pm	PAC ANZAC Hall Adelaide Oval	All All
	12.00pm 4.30pm	PAC Red Centre Ice Arena	All All
	7.00pm	Wilderness School	Yr 7-10
	10.00am 2.15pm 7.10pm	Flinders University Norwood Oval Adelaide Oval	Yr 12 All All
hop	10.00am 10.00am 12.00pm	Eastern Garden UniSA and Adelaide PAC Red Centre	All Yr 12 All
Exeat			
	4.00pm	St Peters College	All
	12.15pm 2.15pm	PAC Front Oval Norwood Oval	All All
	9.00am 6.30pm	Garden Island PAC Chapel	All Compulsory
Exeat – Adelaide Show			
	12.50pm 7.00pm	ANZAC Hall PAC Workshop	All All
	9.00am	Wayville Showgrounds	All
	9.00am 12.00pm 1.30pm	Victoria Park PAC Red Centre Fiddian Courtyard	All All All
	6.30pm	Rundle Mall	All
	5.45pm	West Beach	All
	7.00am 12.00pm	City to Glenelg PAC Red Centre	All All
	6.30pm 7.00pm	Norwood Cinema PAC Workshop	All All
	7.00pm	Greenacres	All
	8.00am 10.00am	Rapid Bay Norwood Grilld	Qualified All
End of Term			

## Weekend Entertainment on PAC’s Fringe



**SUMMER NIGHTS:** Crowds flock to the Adelaide Fringe.

THROUGHOUT the year the Prince Alfred College Boarding community offers an extensive range of weekend activities available for Boarders to participate in. One of the highlights of the boarding activity calendar is the Adelaide Fringe. The boarding house offers tickets to a wide variety of selected acts in the Fringe; with acts ranging from circuses to comedy shows. The Fringe is a great opportunity to witness some of the most entertaining acts from Australia as well as a large international contingent. With many of the shows in the Eastern Parklands, which is only around 500 metres from PAC’s front gate, and many more scattered throughout the city, the Fringe is easily accessible and a great experience. Some of the highlights of the Fringe include Stephen K Amos, Arj Barker and The Umbilical Brothers among many others. Groups ranging from 5 to 20 people per event from across the various year levels the Fringe. Along with other Boarding Activities, the Fringe offers a unique opportunity to interact with other year levels which would otherwise be less likely. The Fringe itself generates an amazing atmosphere, especially in the hubs such as the Garden of Unearthly Delights in the Eastern Parklands, and is a great experience. I would definitely recommend going to the Fringe in the future especially for those who have not experienced it before.

– Fletcher Thomas, Year 12

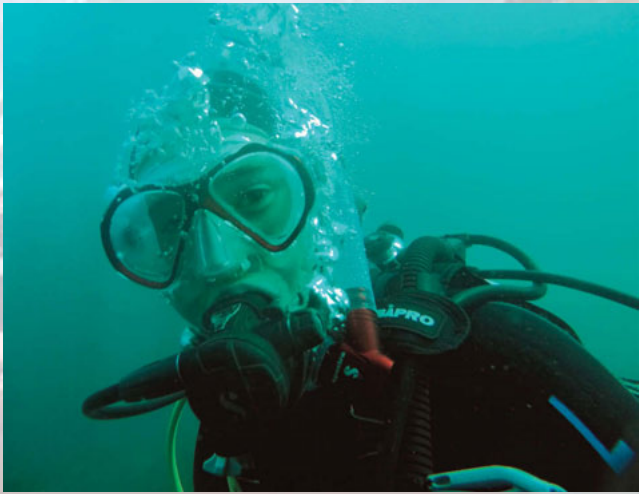
## A Whole New World



**IN THE DEEP BLUE SEA:** Riley Chapman’s view of a Leafy Sea Dragon.

to go 18 metres below the water’s surface. Once the theory has been completed, that is when the really fun part begins! Your first ever dive is a pool dive where there is not a whole lot to see, but at least you get the feel for what it is like to breath underwater. If all goes well and you don’t get eaten by the pool cleaner, you then get to complete a series of dives in the ocean with an instructor, where you practice different skills and scenarios to prepare you for what could happen later on in your scuba career. These include taking your mask off and putting it back on underwater, an emergency ascent from 9 metre’s deep with one breathe and my very favourite; how to fight off a great white with your bare hands. Once everything is done successfully you are free to go scuba diving whenever you want and explore a whole new world hidden from most others. I am still completing my course but so far my favourite place to dive has been Rapid Bay which is home to the Leafy Sea Dragon and many other fish species. Thank you to Mr Nystrom (Boarding House Supervisor and Divers Delight owner) and his crew for making it all possible.

– Riley Chapman, Year 10



**UNDERWATER FUN:** Riley Chapman’s dive partner, George Shand, practising his Scuba Diving skills.



**IT’S ALL IN THE PREPARATION:** Thuch Chiangthong (right) getting ready to enjoy the rock climbing challenge.

## Climbing High

ROCK climbing is good fun but it is a high risk activity. My first time rock climbing was in 2015, whilst on a Prince Alfred College boarding activity. There were 3 boys that did rock climbing with me on that day, Tom Lawrence, Tom Wilson and Lachie Pointon. We were also joined by Mr Bittner (boarding house staff member) and also one of the Scott Creeks staff, Micha Jensen.

We arrived pretty early and were soon told about the three different levels of the rock climbing that we would be doing. I felt really excited

and a bit scared at the time, but my feelings changed as soon as I started to climb. After I had climbed the rock, I felt really good and in that moment I wanted to continue to climb.

It was so much fun and a lot more fun that I had expected it to be. I enjoyed the rock climbing activity because of the element of risk that was involved, it felt exciting but at the same time I felt safe doing it. Rock climbing is probably one of my favorite activities and I am so glad I had the opportunity to give it a go.

– Thuch Chiangthong, Year 8



**CLIMBING HIGH:** Thuch Chiangthong beginning his climbing challenge.

## Wet and Wild Clipsal Races through Adelaide



**FAST CARS:** Loving the Clipsal 500 in Adelaide.

and then continue to enjoy the event throughout the rest of the weekend. I attended this year’s Clipsal with Malcolm Sim and Ned Hage. Leaving straight after school on Friday we crossed the road into the grounds. (One of the many benefits of boarding is the proximity to all the amazing things on our doorstep!) We spent Friday afternoon, as well as Saturday morning exploring the grounds, looking at all the different cars on show. After a lap or two of the grounds, we sat down in the outer paddock to watch the racing, we spent most of Saturday afternoon and Sunday morning watching the racing. Unfortunately we ended up leaving early due to the rain which forced us to continue watching the race on TV. This is my third year at Princes boarding, and each year I have taken advantage of this opportunity to attend Clipsal. The boarding house supplies tickets to anyone who wants them and with it being just out the front gate there really isn’t any reason not to attend.

– Daniel Liebelt, Year 12

## Standing on Water

STAND-UP Paddle Boarding was my first ever boarding activity at Prince Alfred College and is run during the first and fourth term of school. It is available to all boarders and is a great activity to partake in. I would highly recommend it and would happily do it again. The activity starts off on a Friday with a short bus ride after school to Seacliff with around 20 boarders attending.

Once arriving at the location, we were given our boards which we rode for the hour. Once everyone was ready we made our way to the beach where everyone was excited and ready to get paddling. No life jackets were needed, although to be confident with swimming helped. To get up on the paddle board is at first a bit of a challenge, which always comes accompanied with some classic stacks and falls into the water. The water is quite cold, although it never bothers me as I find it quite refreshing. The best thing about stand-up paddle boarding would be the feeling of accomplishment, as well as the coral that can be seen under the water. The coral is very beautiful.

On reflection, stand-up paddle boarding is a bit like getting used to boarding life. At the start it is sometimes a bit of challenge to stay above water, although after a while you get used to it and you work out what works for you and what doesn’t. After looking back at your achievements you are proud of yourself! I am very happy in boarding at PAC and I am proud to be at a great school like PAC.

– Henry Hawkins, Year 9



**BALANCING TIME:** Boarders balance well at the stand up paddle activity.



## Eating Kangaroo and Trying Vegemite

ON Sunday 14 August, we ran our first Australian Cultural Awareness Day. The day was designed to give international boarders a better understanding of what it means to be Australian. The challenge was how to do this in a fun and unique way. We started by asking the international boarders what they wanted to know more about, in terms of Australian culture and then we set about designing a fun day. Forty-five international boys were invited to lunch where Charlie Lawrence (Year 7), Ahzali Bin Omar (Year 10) and Tom Fulcher (Year 11) presented what it means to them to be Australian.

Tom Fulcher and Charlie Lawrence spoke about life on their properties at home and explained about rural living. They educated the international boys on having to stock up on food as there are no supermarkets nearby and how they have to attend school of the air. Ahzali, one of our indigenous boys, explained to the international boarders about his heritage and culture. Ahzali spoke about his Elders and talked about Dreamtime storytelling. He also drew parallels between the respect that is so important in Aboriginal culture and how the same is true in Asian cultures. The presentations included pictures and videos and the international boys were amazed at what life was like for them back at home in country Australia.

After the presentations, one international boarder YuanHang Yang, quizzed Charlie Lawrence on where he stored all his food if they only went shopping every few months. YuanHang was amazed to learn of Charlie's massive cold storeroom back at home. Mr. and Mrs. Fenner and Mr. Roylett were also in attendance and asked further probing questions to our presenters, which meant that the boys shared even more information with the group of international boarders.

After the presentations, we enjoyed a delicious lunch of Kangaroo steaks, burgers and sausages. The international boys had asked to try some kangaroo and Kade Ackland's family, who run Orroroo Kangaroo, supplied all the delicious



◆ **FIRST TIME:** Shafique Aman-Arsad and Wing Mau trying Kangaroo for the first time.

meats. For the majority of the group this was the first time they had tried kangaroo, so there was a lot of anticipation in the air. All seemed to enjoy the kangaroo, claiming there was not much difference in taste from beef. I had also organised a blind taste testing game, where the international boys had to guess some Australian foods. The foods included Aussie classics like Vegemite, Cherry Ripe, Twisties, Lamingtons and Violet Crumbles. I'm pleased to say that the International boarders obviously don't have a sweet tooth, as they struggled to successfully identify quite a few!

After lunch, Will Gould and Reyner Clarke (Year 10 State footy players) took the international boys through their paces, teaching them footy skills and then played a game with them. This sparked conversation about joining the College footy team next year, which was very good to hear. It was an enjoyable afternoon, I was very proud of all the boarders and it was another great example of how we celebrate our global community within boarding at PAC.

– Hayley Hall, Senior Residential Assistant,  
International Students



◆ **UNDERSTANDING:** Boarders and Mrs Hall at the Australian Cultural Awareness Day.

## Licence to Serve in our Community

EACH year our boarders spend a considerable amount of time offering their service to the wider Prince Alfred College community. The boarding community is always encouraging people to join diverse and different activities that help charities and people that are in need. From knocking on strangers doors in the Red Shield Appeal to raise money, to getting splattered in different colours in the Colour Run, we have it covered.

However, with our boarders always doing so much work for others, it is hard to keep track of the help that they have willingly given

out. Therefore, it is with our greatest pleasure we introduce the Prince Alfred College Community Service Passport. This passport will make it easy for boarders to see how much they have done since arriving in boarding. It will be a permanent record of the time and energy they have given over to helping others.

So always remember for people that are struggling or have little or nothing, a little bit goes a long way. For this reason, our boarding community will always help others who are in need for as long it stands.

– Charlie Treloar, Year 12

## A Cool Adventure on Prince Alfred College Ski Trip

DURING the midyear school holidays I had the pleasure of going on the College Ski Trip. On Sunday 17 July at 9am we flew from Adelaide airport to Canberra via Sydney to begin a 5-day skiing trip. We stayed at the Ski Rider hotel and got to ski on the Perisher slopes. The holiday was wonderful. It was a real honour to participate in trip because I had the opportunity to go skiing with my schoolmates and my teachers. I had skied before, but on this trip I had the opportunity to improve my snowboarding skills and I was able to take my snowboarding to the next level. We had good weather for the majority of the time and it was only on the last day due to strong wind and rain that we didn't get to ski. Being a boarder, I would like to think that I am quite independent anyway, but the trip further developed my self-management skills, gave me opportunities to work as part of a team and to use self-control when ensuring I was always safe on the slopes. Overall, I had a good time and appreciate all the opportunities that are on offer at Prince Alfred College.

– Ronald Lai, Year 11



◆ **SENSATIONAL SKIING:** Ronald Lai (left) and Tony Qi (right) on the slopes.



◆ **BUILDING HOPE:** PAC boys and Saints girls standing in front of the house that they helped to build in Cambodia.

## Rich with Happiness – My Cambodian Experience

IN 2015, in the month of December, myself along with 10 other students from Prince Alfred College, met at the Adelaide airport to go on an adventure of a lifetime. It was a long process to get ready to go. We had to organise passports, sign agreements and get vaccinated as well as working together to fundraise a massive \$5000 between the group. As I was the only boarder going on the Cambodia trip, I partnered up with two of the day boys and organised to sell Krispy Kreme donuts outside the Red Centre one day at school as our contribution to the fundraising process.



◆ **CERTIFIED BUILDER:** Angus Dare receives a certificate for helping to build a home for a family in Cambodia.

Once we boarded the plane there was no turning back. We stayed in Cambodia for two weeks along with a group from Saint Peter's Girls School. Over the two weeks it would be fair to say that each individual on the trip learnt new things by experiencing the Cambodian way of life in a developing country. We had our time evenly split between the New Hope for Cambodian Children Orphanage and Habitat for Humanity, two very worthwhile charities. It was amazing to work at New Hope and to see just how happy each of the children were considering their circumstances. New Hope is the only Cambodian orphanage which supports children with HIV. While at New Hope, we were given the task of thatching shelter roofs. What seemed to be a simple ask suddenly turned into a big task as the scorching heat and humidity took its toll. For me, working alongside these under-privileged children at New Hope and seeing how happy and content they are was the highlight of my trip.

I also really enjoyed working at Habitat for Humanity where we were asked to build a house for a family who were struggling. As I am a farm boy who loves working with my hands, this task was right down my alley. While we were unable to finish the house due to limited time, it was an amazing experience and the family and whole team at Habitat were so grateful for all of our help. It was amazing to hang out with the Cambodian people and hear some of their stories. It seemed as if they were the happiest people alive yet they had the very least. The Cambodia trip was a life-changing adventure for me and has helped me to see the bigger picture in life. I really recommend going on this trip to any of the senior school students at Princes who are interested.

– Angus Dare, Year 11



# An Extreme New Zealand Trip



◆ **EXTREME RAFTING:** Harry Hannaford, Mr Noble, Jacob Prest and Charlie Riggs after capsizing their raft.



◆ **DEEP BELOW:** Waitomo Cave – 45m underground.



◆ **FLYING HIGH:** Charlie Riggs - 15000ft skydive.

ERIC Roth, the screenwriter of Forest Gump once said, “Our lives are defined by opportunities, even the ones we miss.”

I am Charlie Riggs, one of 10 students who took the opportunity to venture to New Zealand last December. We spent 12 action-packed days in the land of the long white cloud: skydiving, bungee jumping, white water rafting and many other activities that required packing a spare pair of undies.

This trip is designed to challenge Year 11s in many ways, looking at decision making, leadership and the opportunities of risk. We were pushed to our limits on several occasions having to make judgements every day that would shape our experience. None of the activities are forced upon you but I would recommend making the most of your time there, immersing yourself in the unique natural world, enjoying the Maori culture and adventuring until you can take no more.

The group of boys you are with make the trip even better because of the great memories you share. These memories are not forgotten, especially with the help of Mr Noble’s quote book, remembering the likes of “I came, I fell, I conquered” and “It’s a little more how’s your father than I expected.”

I would strongly recommend that all students take the opportunity to do an overseas trip while here at Princes. The memories and experience will last a lifetime.

– Charlie Riggs, Year 12



◆ **SCHOLARSHIP:** Ahzali Bin Omar is a recipient of The Smith Family Scholarship.

## The Smith Family Helping our Indigenous Youth

THIS year I joined the Prince Alfred College community after being awarded a scholarship through the Smith Family’s Indigenous Youth Leadership Program. I am proud to be a strong indigenous man and feel honoured to have received this scholarship. With the education I receive from Prince Alfred College, I hope to be leader in my community so I can empower my people to improve their futures. I look forward to the day I can give back to my community and hopefully inspire others to pursue their dreams too.

For me, the most special part about my journey to Prince Alfred College, is that my family has struggled through a lot of past policies and some never got the opportunity to have access to an education like the one I am receiving at Princes. So being a Princes Man today, I am inspired to do my best and make them proud, especially my Dad. My Dad is really proud of everything I have done so far and looks forward to me continuing in this way.

I believe all Aboriginal and Torres Strait Islanders should be respected because our culture is one of the oldest living cultures and still practised today. Our Iyan which is our spiritual soul, that is connected to our country, makes us stronger and is essentially who we are as people. Reconciliation and recognition is a healing process and a learning journey that our country as a whole needs to take, both non-indigenous and indigenous people alike. I believe it is all about educating and understanding the past and how the effects are still felt today. It also ensures those mistakes of the past will not be repeated and that we all learn from them. I am confident that the future looks promising.

I am excited about my future at PAC and the many more years I will enjoy in the boarding community. I am proud to represent my family and culture. Once again, I would like to thank the Smith Family and the College for this amazing opportunity.

– Ahzali Bin Omar, Year 10

## Scuba Diving, Boarders and the Ocean

WOW what a fantastic experience! Teaching the boarders to scuba dive is an amazing opportunity and it is a pleasure hardly matched by any other activity.

Most activities that the boarders are involved in keep their feet planted safely on the ground. But safety is absolutely always No. 1 in the approach that Divers Delight has taken during the training of boarders throughout the past 24 months.

While the PADI dive course normally can be completed over three days of contact, our boarders are so busy with other activities that we take longer resulting in better and safer divers. However, safety is not the first thing the boarders consider when they start out on their dive course. They are generally excited and apprehensive at the prospect of breathing underwater. Most of the apprehension exists because of the stories that “a friend of a friend” has

told them about that person’s first experience, an unforgettable disaster. The boarders quickly realise that backyard training and the conjured up myths are far from the environment they are learning in.

As soon as the concerns are addressed during the training the boarders quickly become unstoppable, playing jokes on each other and showing off. As you can imagine the training quickly becomes a cat-herding exercise. In amongst the fun and games the magic happens before your eye as the boys gain faith in themselves and safety routines become second nature.

The next step of the adventure is the ocean where without the best dive gear and training the safety routines can be quickly forgotten. The first of at least two days at the ocean is exhausting for the boys with the conditions sometimes becoming very challenging. But all

the boarders show grit and determination to finish the training and are eventually awarded the PADI Open Water Certification. YAY!!!!

Next stop Cairns!!! It didn’t happen this year but we will try to get the boarders there in 2017!! Some boys are just pumped about diving with mates over the summer holidays searching for critters or maybe putting a crayfish on the Christmas table. Whatever the motivation is we want them to keep diving and be Ocean Ambassadors.

At Divers Delight we offer PADI training with gear that is regularly serviced and replaced. Because we believe safety is No. 1. We always recommend regular servicing and safety inspection of all dive gear. For more info on diving please come chat to me anytime!

– Scott Nystrom, Owner of Divers Delight and Boarding House Supervisor



◆ **COLD WATERS:** PAC Year 12 Outdoor Ed class preparing for their scuba dive with Divers Delight.



◆ **BRINGING THE COHORT TOGETHER:** Year 10s with their Rock and Water instructor Lee Jones.



◆ **TOE TO TOE:** Lee Jones and Tony Qi demonstrating one of the Rock and Water exercises.



◆ **WORKING AS A TEAM TO GET THINGS DONE:** Year 10s during one of their Rock and Water activities.

## Rock and Water

EVERY year we run a special wellbeing program called Rock and Water for our cohort of Year 10 boys. I introduced this program as a way of helping Year 10 boarders develop a positive mindset in a supportive environment. The Rock and Water program focuses on providing young people a way of developing self-awareness, increasing self-confidence and developing high levels of social functioning. The program is based upon a psycho-physical approach, namely the program contains a large number of experiential exercises that support and encourage our boys to develop self-awareness through physical exercise. During Terms 2 and Term 3, the Year 10 cohort, every Wednesday after first homework, would meet in the Prep gym to attend this program. The instructor's name was Lee Jones and he instantly gained the respect of the boys as he explained about his military background and started talking about how they see their role in the world. To introduce the program, he began to explain why it is called the Rock and Water program.

To quote the Rock and Water program; the "rock" quality represents awareness of one's own possibilities and personal journey in life. A person demonstrating "rock" traits will exhibit resoluteness, be strong-willed and self-assured, and may close off to the opinions and offerings from others. The "rock" attitude may confront others in relation to their opinion or point of view, and young people need to exhibit some "rock" qualities if they are to respond to and manage peer pressure.

In stark contrast, the "water" quality represents insight and experience, and valuing flexibility within human relationships. A person demonstrating water traits has a strong awareness of their own feelings and ideas but, more importantly, is able to respond with understanding to people around them. "Water" is representative of sharing, co-operative behaviour, negotiating and being able to respond to a changing environment. Social harmony and positive relationships require an individual to exhibit "water" qualities.

Therefore, over the two terms that the program was run, the boys were introduced to various physical and mental games that tested them on lots of different levels. Boys developed leadership skills, learnt how to negotiate in lots of different ways, improved their listening skills and got to know themselves and their cohort even better. We will continue to run the Rock and Water program, as the results we see from the participants each year continue to be very promising.

– Darren Roylett, Director of Boarding



◆ **LETTING AN INTERNATIONAL LOOSE ON THE ROAD:** Malcolm Sim behind the wheel.

## Sharing my Home

I INVITED Malcolm to come and stay with my family and me. Malcolm is an international boarder and therefore I thought it would be nice for him to see some more of Australia. I live on Strathearn Station, near Olary, 6 hours from Adelaide. My Mum picked us up on the Friday to take us home. Malcolm had never been up around the Broken Hill area before, so I think he was looking forward to it. I was certainly looking forward to showing him around. We went to the hills that are on my station and we made a trip to the dam where the earth-moving happens to make the dam bigger. We gave Malcolm the opportunity to drive the work ute and we were also able to visit the water run.

The thing I enjoyed most was showing Malcolm the different pets that we have on our property, like the cats, dogs, chooks and sheep. I think that Malcolm enjoyed driving around the station to the different parts and seeing the lambs. I suspect also just spending time in the outback away from the city was really different for him, but enjoyable at the same time. I certainly enjoyed showing him my home.

I think it is really good having international boarders in our boarding community because we get to introduce them to new experiences that they wouldn't be able to experience at home.

– Charlie Treloar, Year 12

"Charlie's station was something that I have never experienced before, I saw real sheep, loaders, dams and so much more. The trip up to his station was truly an amazing learning experience of appreciating the peaceful outback life, which I found more enjoyable and less confronting than Malaysia's famous daily rush hours."

– Malcolm Sim, Year 12  
International Boarder

## Boarders Parents Retreat – a Weekend in Robe

OVER 30 couples travelled to Robe in March for the Boarders Parents Retreat weekend. The weekend started on the Friday night with drinks and a few games of lawn bowls at the Robe Bowling Club with the best view in town. The bowls was a great way to get everyone to mingle and

meet new people.

From there the group moved most conveniently next door to The Caledonian Inn for pre-ordered alternate drop dinner, really well done and easy to cater for. Lots of laughs and prizes were given to the winning bowling team;

congratulations Team Riggs!!

Saturday started, for the more energetic, with a brisk 8am walk around the boat harbour and obelisk and back in time for a delicious breakfast at the No 4 restaurant.

The bus arrived at 10am to take us for a quick look around the district. Sky Seafood and the Aquarium were both very interesting tours. I believe many went via Sky Seafoods on their way home on Sunday to purchase a crayfish to take home.

Lunch was at Cape Jaffa Wines, owned by PAC parents Derek and Anna Hooper, who gave us a delicious glass of champagne on arrival and a tour of their marvellous winery dug into the side of a limestone hill. Lunch was catered by Union Café and we enjoyed a lovely glass of Cape Jaffa wine to go with it.

Saturday afternoon was free time, some men jumped off the bus at the Robe Brewery while some of the ladies enjoyed some retail therapy in the wonderful choice of shops in Robe. It was beautiful weather but I'm not sure too many braved the water.

Sixty-three people came for Saturday night's dinner at 'Gather'

and our first drink was included in the dinner, which made it easier for all. We had some fun after dinner entertainment with a local comedian who popped in for a few gags, followed by an auction by our very own auctioneer, Boarding House Director – Darren Roylett, cleverly selling Jamie Edwards a dozen eggs for \$40! The auction was very successful and raised over \$5000 for the Boarding community. Thank you to all those who contributed goods and services.

Another walk for the early risers around the cliff tops to Long Beach and back to finish with a brunch at the Adventurous Spoon. All meals were a pre-ordered alternate drop which made catering easier and kept the cost down.

Everyone mingled well and I'm sure we all left feeling the weekend was a wonderful way to meet new people and catch up with old friends in the beautiful setting of Robe. Next year's Parents Retreat will be at Kangaroo Island, so look out for that and put it in your diaries, it's a great weekend with lots of lovely people. Many thanks to the Wilson Family, for offering to host 2017.

– Jo Edwards, Mum of Year 12  
Boarder Charlie Edwards



◆ **WINING AND DINING:** Boarders' parents mingling.



◆ **VIEW FROM ABOVE:** Charlie Treloar's Station.

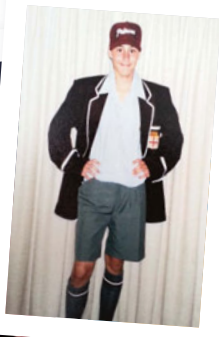


# PRINCE ALFRED COLLEGE BOARDERS' HERALD

SEPTEMBER 2016 - EDITION 7



RYAN EDWARDS



IAN DARNTON HILL

## Ryan Edwards

**What years did you board at Prince Alfred College and where were you from?**  
2001–2003 and from Victor Harbor.

**What is your best boarding memory?**  
Being a part of the boarding community and feeling I belonged there, and making lifelong friends. Living next to the cricket nets and playing at every opportunity is also a great memory.

**What did boarding at PAC teach you?**  
Boarding life taught me to be independent and take responsibility for myself. Boarding at PAC also enabled me to meet people from different parts of Australia and the world, which helped open my mind to the world and appreciate people from diverse backgrounds.

**Where do you live now and what is your occupation?** Princeton, New Jersey, USA. I'm studying for a PhD at Princeton University researching the potential impacts and opportunities associated with hydraulic fracturing and unconventional oil and gas development.

**Describe yourself in three words...**  
Curious, logical, conscientious.

**What are you most proud of?** Representing my state and country at one of the most prestigious universities in the world.

**What advice would you give to current boarders?** We're all fortunate to go to a great school like PAC - the education and opportunities you get there can lead you anywhere in the world. Work hard, take the opportunities you get, go beyond your comfort zone and think big!

## GoEast Young Man!

### Old Boarders in Canada and USA

**A long way east of Australia on the other side of the Pacific Ocean can be found a proud and strong group of Old Reds who have made Canada and America their home.**

Recently the Headmaster and I met with these men (and in many cases their partners) at gatherings in Los Angeles, Vancouver and New York. They were of all ages and in most instances were long

term residents of these two countries.

What struck us was that a large proportion of the men we met were not only Proud Old Reds but dyed-in-the-wool Old Boarders. And what an interesting and successful group they are.

I posed a series of questions to these men and here, for your enjoyment and inspiration, are some of their stories.

– Dave Cornish, PAC Foundation

## Daniel Masters

**What years did you board at Prince Alfred College and where were you from?**  
2000-2002 and from Arno Bay.

**What is your best boarding memory?**  
Winning intercol football with fellow boarders Mark Phin and James Wardle in 2001 and 2002, and Head of the River with fellow boarders Aaron Woolston and Matt Rackham in 2002.

**What did boarding at PAC teach you?**  
It confirmed the value of discipline.

**Where do you live now and what is your occupation?**  
Davis, CA; Private Equity.

**Describe yourself in three words...**  
Grateful x 3.

**What are you most proud of?**  
Getting off the farm.

**What advice would you give to current boarders?** Attitude trumps talent. Work harder than you think possible.



DANIEL MASTERS



Nathan Crawford (1987-1989) and his brother Newton Crawford (1981-1983) with Newton's son Brenden (2012-2013) at the Vancouver Old Reds Lunch.

**Where do you live now and what is your occupation?** Vancouver, BC – Canada; Operation Management, Imperial Oil (ExxonMobil Group).

**Describe yourself in three words:** Outgoing, adventurous, resourceful.

**What are you most proud of?** My family's health, accomplishments, and being able to engage our two boys in the boarding experience.

**What advice would you give to current boarders?** To embrace the opportunities, challenges and relationships associated while living in the boarding environment. Many life skills are further enhanced through this positive experience.

## Newton Crawford

**What years did you board at Prince Alfred College and where were you from?**  
1981–1983 and from Sparwood, BC, Canada.

**What is your best boarding memory?** With so many to choose from, learning to kick a footy correctly and the lasting friendships.

**What did boarding at PAC teach you?** Boarding taught the importance of relationships and team building for work or play. Also a reconnection with my Australian heritage.

## Roger Davey



ROGER DAVEY

**What years did you board at Prince Alfred College and where were you from?** 1955-1957 and from Eudunda.

**What is your best boarding memory?**  
Distance running,

athletics and shaking the hand of actress Katherine Hepburn during her visit to PAC.

**What did boarding at PAC teach you?**  
Adjustment.

**Where do you live now and what is your occupation?** Los Angeles, CA, and retired.

**Describe yourself in three words...**  
Inquisitive, tolerant, loyal.

**What are you most proud of?** Proud of the Prince Alfred College preparation to embrace living a life in five countries of the world.

**What advice would you give to current boarders?** Appreciate the opportunity to live with people outside of your family at a vulnerable age. An invaluable life experience.



## The Many Benefits of Rowing

THE Boarders' Herald Committee decided to ask Lauchlan Clarke about rowing for the College. This is what he said:

**What year did you start rowing?** Year 9, the year I started at PAC.

**How long have you been rowing for?** I have been rowing for two seasons and I'm about to start my third.

**What is the best thing about being on the rowing team?** The best thing about being in the rowing squad is that you develop strong friendships, particularly with day students and you work on your self-determination.

**What competitions have you done? How did they go?** I've been in many regattas (races) throughout my time at PAC but the two most important regattas for the College are State Championships and Head of the River.

**Who are the other rowers?** The other rowers in boarding are Charlie McInnis (10A), Patrick Lowe (10A), Patrick Johnson (10A), Harry Ramsey (10C) and myself (1st IV).

**How does being a boarder help you as a rower?** Being a boarder whilst rowing helps you because for trainings in the gym it means I only have to walk 400 metres to get to training sessions and when training is at West Lakes, the bus picks you up at Capper Street and takes you down to West Lakes for water sessions. Being a boarder saves time, which is needed when you get into the senior crews.

**What is your rowing regime like?** My training program for rowing varies each term but usually it results in at least two sessions on the water at West Lakes and then no more than two gym sessions a week. The sessions vary in time but for morning water sessions it's a 5am start and finishes roughly about 7:30am, however gym sessions in the morning start no earlier than 6:30am.

**What advice would you give to boys wanting to join the rowing squad?** It's a great sport! I think my rowing commitments have also assisted me with my schoolwork. I would advise that if you decide to do rowing that you need to be committed to the training. Without this commitment, you'll get nowhere! In addition, you have to be organised with school otherwise you will fall behind. Rowing can be very rewarding, I hope you decide to try it too!

– Lauchlan Clarke, Year 11

# Keep Calm and Play Cricket

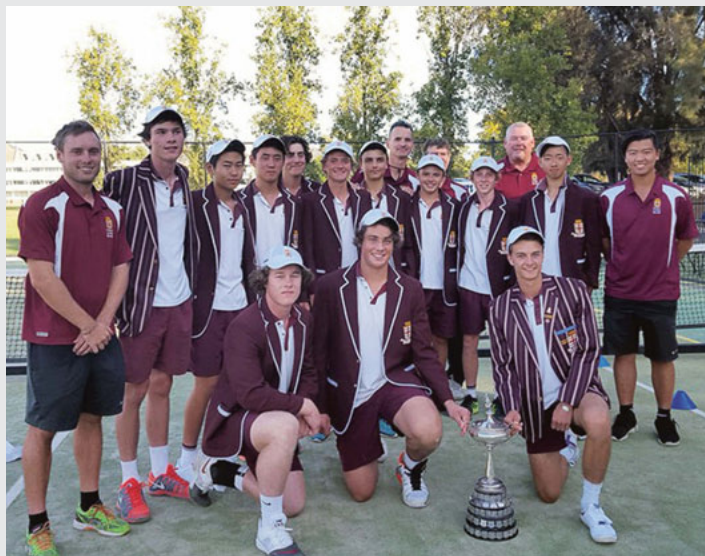
WITHIN the boarding community there are three boarders who played for the PAC 1st cricket team in 2016, namely myself, Sam Vivian (Year 11) and Lachy Pointon (Year 10). The season started off with a couple of internal and external trial matches against schools from Brisbane. When we played Brisbane Grammar we won by four wickets which was a good result, showing that our team was well bonded and looked promising for the season ahead. When the season started, disappointingly we lost to Sacred Heart but we bounced back and won a couple of matches in straight succession defeating Saint Michaels, Immanuel and our long-standing rivals Saint Peters. We did subsequently, lose a couple of matches to Scotch College and Sacred Heart which was disappointing but overall the season went well for us as we came second overall. Unfortunately, we lost in the grand final to Scotch College. They bowled us out for 110 and thus we came short of their total by 6 runs. However, we were reasonably happy with our season and felt confident going into Intercol. During Intercol, we batted first and made 155, then Saint Peters batted and we bowled them out for 120 and then we went in to bat again and hit around 300 with Lachy Pointon hitting 55 and myself hitting 120, which gave us a good lead. After this, Saints went back in to bat and we bowled them out for 300, which gave us the win! A great result and this gave us back some dignity after our grand final loss. Overall, a good season for such a new team and we look promising for next year.

– Riley Robinson, Year 11



◆ **INTERCOL SUCCESS:** The PAC cricket team.

## In the Swing of Things



◆ **SWINGING SUCCESS:** Tennis Intercol team with their trophy.

TENNIS this year at Prince Alfred College has been enthusiastic and rewarding. The 2016 season kicked-off with an end-of-holiday training camp to get the players into the swing of things. The PAC Drive Team proved to be a force to be reckoned with; dropping a total of four sets over the defeat of multiple rival teams in the first few rounds including Rostrevor, Westminster, Immanuel College and Pembroke. The following week ended with a comprehensive 9-love set win over Concordia College, building the team's confidence before heading into the all-important Intercol. This year Saint Peter's College hosted the 118th annual Tennis Intercollegiate Event on Thursday, 31 March. Both Saints and Princes played exceptional tennis, creating many three-set matches and tie-breaks, however, the home ground advantage was not enough to stop PAC from taking their 10th consecutive Tennis Intercol victory, 8 matches to 4.

The boys then went on to score another crushing win against St Ignatius College (8 sets to 1). However, the much anticipated match-up against the strong Marryatville High School proved to be a closely fought battle. But the boys responded, particularly David Wang's impressive performance, which resulted in a nail-biting 5-4 set round, giving the win to The Boys in Red. The following Wednesday the boys played a concluding round of tennis against Sacred Heart College, finishing the tournament with yet another 9-love set victory. This put PAC in the running for the State Championships, where they were able to defeat both Saints and Marryatville! This was the first time this had been achieved in a number of years. Well done Reds!

– Ned Hage, Year 12

## A Ride Down Memory Lane



◆ **ANNA MEARES:** Riding hard.

WHAT a year it's been in the boarding community and the fact that it is an Olympic year makes it even more special. As an Australian Citizen who hails from Great Britain, it's always hard to know who to support. This year I'm feeling nostalgic so I am going for GB - Go Great Britain!

Back in London I was a professional cyclist. I was British National champion 18 times, a Great Britain cycling coach and I also commented for EuroSport. I have had many opportunities as a professional sportsman and know the pleasure and pain it can bring. Now I have the privilege of working full-time in the boarding community at Princes and I get to share my experience with the boys.

It was so exciting to watch Bradley Wiggins of Great Britain win the gold in the team pursuit on the track. I was taken down memory lane when I was watching him and remembered when he was a young boy of 12, coming to Herne Hill Velodrome track in London, where I was the head coach. What the kids loved about my training sessions was that, unlike other coaches, I was always on the bike right next to them, talking in their ears, getting them to go harder and working on their technique. Seeing Bradley absorb everything that I shared with him at the tender age of 12, just like a sponge, made me feel excited about his future. Even at that age, you could see the fantastic talent. He

came from a one-parent family and it was his Mum who brought him down to the track. He was enthusiastic, hardworking, funny and at the time, just a boy from west London trying to make his way in the cycling world. Thinking back and watching him today on TV get another gold medal, gives me great pride!

Watching Anna Meares at the Olympics reminded me of when I had the pleasure of taking her in a training session here at the Adelaide Velodrome. She was focused and it was a good to get an insight into how hard they trained as this was the first time I'd seen the Australian national team in action. Prior to this I'd worked with the Japanese Olympic team, the Great Britain National team and it was good to see how the Australians fared. I was impressed!

Both Bradley and Anna together have gathered titles like daisies in a field and it shows you what hard work and commitment can do. People often ask me if I miss coaching, but I still coach every day in the boarding community and have the pleasure of sharing my experience with any boarders who are interested in developing their own sporting careers. I also



◆ **SUCCESS:** Bradley Wiggins wins Gold at the Rio Olympics.

take out some of the boarders who have a passion for cycling on rides; pushing them to their limits. It's all part of the fun, especially as I am an old man now! The Director of Boarding is also partial to a painful ride every now and again but I'm still waiting for him to recover from the last ride before we go out again. If you fancy a gruelling training session or even just a gentle ride, call into the boarding house and I'll happily take you for one!

– Russell Williams, Boarding House Staff



# Controversial Soccer

THE 39th Intercollegiate Soccer Match between Saint Peters College and Prince Alfred College was played on Monday, 22 August, at PAC's front deck for the first time since 2013. The Prince Alfred College First XI side vs Saint Peters First XI side was a hotly contested match that proved to be one of the best contested soccer intercollegiate matches that has occurred since the start of this intense soccer rivalry. Captains, Robbie Smith (PAC) and Ryan James (SPC) lead their teams onto the field for the start of the first half. With fire in the eyes of both teams, it was on. Theo Skrembros and Ethan Mons set the pace for Princes in the first half by staying strong in the 1 on 1 contests and showing great leadership and heart for their team mates. Saints stand out player for not only the half but the whole game, was their goalkeeper Joseph Ruggiero. Without him, it would have been a one sided affair. An unlucky yellow card was given to me by the referee, but we continued to keep our focus. Saints controlled the play towards the end of the first half through the midfield. Even though they controlled the ball through the midfield, due to the strong defense displayed by Jordan Bailey and Lachy Zanker for Princes, they were unable to create many scoring opportunities. The ones they did create, they were not able to capitalise on, as goal keeper, Daniel Subramaniam, was just too good for the boys in blue.

The whistle blew for the second half. Saints were controlling the game towards the end of the first half. So, Princes were driven to tighten up defense through the midfield. Princes dominated the whole second half with many scoring opportunities. Unfortunately, Princes, were unable to capitalise on any of them. Once again, it looked like Saints came out with only one player on the field again as shots were being fired left right and center to the Saints goalkeeper and to his credit, saving all of them. Troy McKinnon states, *"The match was a gripping affair, with our boys having much of the play, particularly in the second half. Many forward opportunities were generated through our quick transitions from defense to attack. Hugo Barry looked dangerous forward all night and, to a man, our boys played their roles to perfection"*. Coming into the close of the second half, the match was a stalemate and as a result, two 5 minutes blocks of extra time were on the table.

The tension could be felt in the air with both teams, *"Talking with their hearts"*, stated by Mr. Fenner. A flip of the coin and Saints had the first kick off. The ball was kicked but was quickly turned over through selfish play and Princes were on the counter attack, however, we were unable to convert. Even with the game being a one sided affair, Saints keeper stood up for his whole team and saved shots left right and center and to his credit, was easily their best player. The first half of extra time ended with PAC 11 shots to Saints 0.

Before we knew it, the second half of extra time had commenced. This half turned out to be quite a controversial half as the referee made some decisions that we felt were very questionable. Once again, Princes dominated the second half of extra time. In the last minute of the half, a cross from a corner came for Princes. I got my head to the ball and it dropped in front of me, however, Ethan Mons came through with his foot and placed the ball in the back of the net and PAC thought they had won the game that they obviously deserved after all their dominance and hard work. Unfortunately, this goal was not allowed for reasons that the referee could not say to the dominant Princes side. Princes were in shock and the crowd went silent as the Saints crowd joyfully cheered at the decision. A Princes player saw the blue in his eyes and actions occurred, resulting in a red card and 10 men on the pitch for Princes. Eventually the final whistle blew, resulting in a draw. However, due to Saints having won the previous year, they retained the possession of the cup. Regardless, Princes showed good sportsmanship, as did Saints after the final whistle. Several supporters from both sides commented saying, *"these are the games you want to watch, these are the games you live to see"*. This game will go down as one of the most exciting and closely fought games of soccer that has occurred in the Princes vs Saints rivalry.

- Zac Bailey, Year 11



◆ **ON THE RUN:** Zac Bailey out runs his Saint Peter's opponent.



◆ **FLYING PAST:** Jordan Bailey shows off his soccer skills.



◆ **UNDEFEATED:** Intercol, Knock Out and State School Boy champions.

# Hot Shot Hockey

THIS year's season for the Prince Alfred College First XI Hockey side was a strong one. We were undefeated all season, winning the State Knockout Cup and the School Boys Champions and this gave us a great confidence going into the Intercol against Saint Peter's College.

The whole team went into the Intercol feeling confident, however unsurprisingly a couple of hours before the game the nerves started kicking in. We arrived at the changing rooms at 3pm and played some tunes to get us pumped up and ready. At 3.25pm we hit the pitch. We had a thorough warm up to make sure we were ready and raring to go, when the first whistle was blown. When this time came, we were all a bit touchy on the ball and making mistakes that we shouldn't have made. However, we kept our cool and managed to work our way around this by working well as a team, moving around, creating passes and making the most of any opportunities we had. The first goal came at the 20 minute mark, from a ball across the circle and swept in by Daniel Revesz. This made everyone relax and after this we got into our rhythm and began to play our usual high standard of hockey. We

managed to hold out all of the attacks from Saints with the strong tackles of George Shand, Fletcher Thomas and myself.

During half time we had a great pep talk from our coach, Mr. Mark Dell'Oro and going into the second half, the team were ready to take down Saints and win the Intercol trophy back. We went out hard and managed to get the ball up into the attacking quarter where Angus Fry had a baseball shot that went into the top right corner to score our 2nd goal for the game. We remained the stronger team, maintaining most of the possession and working the ball. In the last 10 minutes we managed to get a short corner. I pushed it out to the top of the circle, where Billy Robbins took a shot and nailed it into the bottom left corner. In the last 10 minutes we stayed composed until the final whistle. We finished the game a convincing 3-0 up and brought the Intercol trophy back to PAC. The player of the Intercol, with his amazing play and his impressive goal, was Angus Fry. Overall, the hockey season was the strongest season that I've ever had during my time at PAC. Well done Princes!

- Patrick Lowe, Year 10

# PAC boys make a big splash

ON Friday, 1 April, the PAC 1st VI Water Polo team competed against the Saint Peters Open A's in the 6th annual Water Polo intercollegiate match. From our arrival into the arena our team was ready to play, we were all focusing on our own individual job to do within the team. After the 2nd VI had finished their match we were in the change room doing our final preparation and our coach Shaun Baker gave his final address

before we were presented to an ecstatic crowd within a roaring atmosphere. The starting 5 and our goal keeper Will Rudd were all in the water ready for the whistle and the game to begin. The quarter was played with vicious intent as either team traded shots on goal but the lead from either team was never more than two points ahead. Two more quarters followed the same style of play with either team swapping players in and out of the pool. The final quarter stretched out for what felt like the longest 7 minutes in history, with the spectators' eager for a result. In the dying minute a sly-dog trick from a Saints player and a fatigued Princes saw Saints ahead by a goal. PAC started from the middle with 5 seconds on the clock and our best on ground performer Harrison Crawford pulled out a full pool shot that would have leveled us but unfortunately hit the crossbar to bounce out. Saints had beaten us by a goal 11-12. In the change rooms after the match we were pleased with ourselves for the fact that we were able to push Saints, to almost defeating them and we know for sure that next year we will have that shield in our hands. Our best players were Harrison Crawford, Ky Bishop and Will Rudd.

- Mark Jenkin, Year 11



◆ **POWER IN THE POOL:** Day boy Ky Bishop (No. 9) doing his thing.

# Tough Table Tennis

ON the Tuesday, 23 August, 2016, a great battle was fought between PAC and Saints in the sport stadium of St. Peter's College and another page of PAC's Intercol history was written.

When the matches started, to my surprise the crowd were much quieter than I had expected. The stadium was so quiet the only sound I could hear was the sound of the ball hitting the table and the screech from the player's shoes. Although no one was shouting or cheering there was a great tension in the air. It felt to me, like the energy in the

stadium would explode at any moment, as the ball kept on travelling between the two players bats. It was intense. My eyes were caught by the little white ball as it went faster and faster. At last the Saints player made a mistake and failed to catch the white ball with his bat. At that moment, the crowd of PAC students burst into applause! I continued to be mesmerised by the performance of both players.

Unlike other sports, table tennis requires speed and precision and I'm pleased to report that all PAC players demonstrated these qualities very well at the Intercol. The most remarkable match of the day had to be the doubles featuring Zun Liu (Year 12) and Tom Williamson (Year 12), the Captain and Vice-Captain of the PAC table tennis team. Although there were other matches going on, these two players drew attention with their impressive skill. The two PAC players worked so well as a team and therefore it was no surprise that they triumphed.

Other PAC players also played really well, yet on the day the Saints players' demonstrated remarkable skill. There were some really tight matches and the crowd noise filled the air with excitement as matches were played one after another. Every time a player scored the crowd burst into applause, clapping very loudly and equally whenever a player lost a point, the crowd encouraged the player giving him support to believe that he could score the next point.

At the end of the day, PAC unfortunately lost to Saints once again, with the score being 8 to 16. It may look like a great disparity on paper but if you were there watching the matches you would have seen just how close all the matches actually were. Nevertheless, giving your all and taking part is what is important and the team had a great experience. I believe next year will be the year we take down our rivals down the road!

- Arthur Mak, Year 11



## Victory at the Rugby Intercol



◆ **SWEET VICTORY:** Bill Jenner, Dual Scott Heaslip medal and Philpott Cup winner 2016.

try in the First 15. The first half was absolutely one sided with a score of 32-5, it was all Princes, and we owned everything – territory, possession, penalties. Pick any statistic and PAC were on top. Even when they won a penalty, kicked for the line and found great field position, they lost the lineout. “The Giant”, Bill Stam leapt in front of his much smaller opponent, we were confident with every lineout. More mistakes flowed from Saints as result of the pressure; a turnover here, a knock-on there before man-of-the-match, Bill Jenner, turned on his superior footwork and pace, to put Jimmy Eteuati through to score. Horne and Cameron Young added tries within quick succession as the Princes dominance continued in the second half. The Princes team continued their dominance in the second half, doubling their scores and stopping Saints who failed to score in the second half. After the game, we all shook hands with our opponents and celebrated with our supporters. A presentation was conducted to present the trophy to our Rugby Captain Jimmy Eteuati. Other awards were also given out such as Best player on both sides (Scott Heaslip Medal) and Best on Ground PAC (Philpott cup), both of which went to PAC player Bill Jenner. Princes long wait for a back to back Intercol victory is now over.

– Clinton Xu, Year 12



◆ **SUCCESS:** The PAC rugby team wins 72-5.



◆ **DRIBBLING DOWN THE COURT:** Ben Perkins showing his skills.

## Basketball Brilliance

THE Basketball Intercol was a fantastic match with Prince Alfred College coming out victorious! We got off to a flying start on Friday, 26 August, with Stuart Brennan knocking down two three pointers, which certainly got the crowd to their feet. The atmosphere was insane with the Red Army making a lot of noise to make sure we could get over the line. The game went back and forth with the score becoming close at half time. We came out at half time with the Red Army getting the team fired up once again. We started well with Ben Perkins and Tyson Brazel, putting on a clinic to make sure their last Basketball Intercol was one to remember. At three quarter time, it was still a close game but we came out in the last quarter and ran away with a 51-43 win. It was a great win and all the boys played really well. The Red Army was phenomenal with their support and made it an Intercol to remember! *Go Reds!*

– Luke McCauley, Year 10



◆ **FIERCE FOOTY:** Charlie Riggs in the ruck.

## Reds Domination on the Front Deck

ON Saturday, 27 August, Saint Peters travelled down the road for a battle on the front deck. Running out after a PAC loss, registered in the second XVIII, the first XVIII were pumped up and ready to play, coming with their A game. After the National Anthem, Saints won the toss leaving the Reds kicking toward the Capper street end, into the wind. The first quarter started as a hard slog for both sides, with Saints registering the first two scores with a point and then a goal. Princes replied with 6 points in a row before kicking their first goal. This poor accuracy in front of goals could have proved costly but the Reds held their heads high and continued to play hard and tough football.

In the second quarter Reds split open the Blues, with our more composed, fast running style of play and this continued throughout the game. Through the middle of the ground Wilkins and Crowden used their speed and agility to run the ball breaking tackles and selling pups. Tommy Sparrow and Macca Slee locked down the backline, setting up the play and breaking lines. Up forward Benson seemed to be at everyone's feet working very well with Giles. There were 11 goalkickers but a lot of the scoring was via Hugo Barry, booting four majors and doing a great job rucking in his arc. In the final quarter emotions were high but to Princes credit we focused on the ball and continued to add to the scoreboard, ending up 87-point victors.

While all players contributed positively, playing their role best players on the day, starting at the bottom were, Jack Wilkins, Cole Gerloff, Charlie Riggs, Patrick Davies, Hugo Barry, Mitch Crowden and Macca Slee being the days MVP. To sum up a perfect day and season, the presentation dinner following the game saw Most Courageous Player go to George Murdoch. No one could split Brazel and Zadow for the Best First Year Player, Runner up best and fairest went to captain Josh Smithson after only playing half a season through injury and Co-Vice Captain Mitch Crowden took home the Seasons Best and Fairest Cup.

From a boarding perspective the majority of the players were from boarding. Out of the team, 7 of the boarders are in Year 12, so Saturday's game was their last game on the front oval. What a way to end our PAC football career!

– Charlie Riggs, Year 12



◆ **WINNING:** David Giles taking a contested mark.



◆ **TEAM EFFORT:** The PAC First V Basketball team.