

Sport Trainings – Middle & Senior School, Prep School

Term 1 2019

Mr Paul Brown – Head of Sport

Ext. 1816 Direct Line: (08) 8334 1240 Mobile: 0407971910

Mr Sam Barton – Head of Sport Preparatory School (08) 8 3341266

Deb Trengove – Sports Admin 0407820821



PRINCE ALFRED COLLEGE

TEAM	COACH	DAY	VENUE	TIME
BADMINTON				
			COORDINATOR: MEGAN MCLAUGHLIN mmclaughlin@pac.edu.au	
Open A Red	Lionel Seah, Danny Vo, Mani White	Wed and Thurs	RED Centre Stadium 1	3.45pm-5.30pm
Open A White	Lionel Seah, Danny Vo, Mani White	Wed and Thurs	RED Centre Stadium 1	3.45pm-5.30pm
Open squads	Lione, Seah, Danny Vo	Sun	RED Centre Stadium 1	11.00am – 1.00pm
Open B	Teoh Wei, Xian/Jeff Ellis	Wed and Thurs	RED Centre Stadium 1	3.45pm-5.15pm
Open C Red	Kevin Khaw/Emily Beattie/Megan McLaughlin	Mon	RED Centre Stadium 2	3.45pm-5.15pm
Open C White	Kevin Khaw/Megan McLaughlin /Mel Brister	Mon	RED Centre Stadium 2	3.45pm-5.15pm
CRICKET				
			COORDINATOR; SAM KNIGHT sknight@pac.edu.au	
First XI	Mark Scott/ Nigel Madden	Tues and Thurs	Tues: Prep Dequetteville Tce nets Thurs: Prep Dequeeteville Tce turf nets	3.45pm-5.15pm
2 nd XI	Ashleigh Woodcock/mark Dell'Oro	Tues and Thurs	Capper St corner nets	3.45pm-5.15pm
3 rd XI	Dan Mosey	Tuesdays	Back Oval	3.45pm-5.15pm
4 th XI	Connor Craigie	Wed	Back Oval	3.45pm-5.15pm
10A Red	Nigel Madden	Wed and Thurs	Wed : Back Oval nets Thurs: 10A Capper St nets'10Bs: Prep Dequetteville Tce	3.45pm-5.15pm
10A White	Charlie Marshall	Wed and Thurs	Wed : Back Oval nets Thurs: 10A Capper St nets'10Bs: Prep Dequetteville Tce	3.45pm-5.15pm
10B	Krishna Moorthy	Wed and Thurs	Wed : Back Oval nets Thurs: 10A Capper St nets'10Bs: Prep Dequetteville Tce	3.45pm-5.15pm
9A	Keagan English	Tues and Wed	Tues: Back oval nets Wed : Capper St nets	3.45pm-5.15pm
9B	Stephen Ottanelli	Tues and Wed	Tues: Back oval nets Wed :Capper St nets	3.45pm-5.15pm
8/8	Ben Andary	Tues and Wed	Tues: Back oval nets Wed :Capper St nets	3.45pm-5.15pm
8A	Chris Drew	Wed and Thurs	Wed: Prep Dequetteville Tce nets Thurs: Back Oval nets	3.45pm-5.15pm
8B	Alfie Cooper/Cooper Skinner	Wed and Thurs	Wed: Prep Dequetteville Tce nets Thurs: Back Oval nets	3.45pm-5.15pm
7A	Angas Marshall	Tues	Capper St nets	3.45pm-5.15pm

Prince Alfred College Sporting Fixtures

7B	Rory Husler	Tues	Capper St nets	3.45pm-5.15pm
Year 6 x 3 teams Red, white and gold	Tom Hunter/Marie Viscione/Deb McKay/Hamish Porter/Ben Andary /Deb Mckay	Thurs	Capper St nets	2.35pm-3.45pm
Year 5	TBC/Deb Duffield/Fiona Howatt	Thurs	Back Oval nets	2.35pm-3.45pm
Year 4/5 x 2 teams red and White	Alfie Cooper(Red) Deb Duffield/Fiona Howatt Alasdair McFarlane (White) Chris Richards	Thurs	Prep Dequetteville Tce nets	2.35pm-3.45pm

TENNIS			COORDINATOR: CHRIS NICHOLLS cnicholls@pac.edu.au	
Drive Team 1	Shane Harris	Tues Wed and Thurs	Supergrass Courts	Tues 7.00am-8.00am Wed 7.00am – 8.00am Thurs 3.45pm-5.15pm
Drive Team 2	Dean Schipanski	Wed and Thurs	Supergrass Courts	Wed 7.00am - 8.00am Thurs 3.45pm-5.15pm
Year 12s	Assorted managers	Thurs	Supergrass Courts	3.45pm-5.15pm
Year 10/11s	Assorted Managers	Wed	Supergrass Courts	3.45pm-5.15pm
Year 8/9s	Assorted managers	Tues	Supergrass Courts	3.45pm-5.15pm
Year 7s	Assorted managers	Mon	Supergrass Courts	3.45pm-5.15pm
Prep Primary AB	Sam Barton	Thurs	Supergrass Courts	2.35pm-3.45pm
Primary B teams x 3	Lisa Lacy, Kelliie McCauley, Bonnie Dawson	Thurs	Supergrass Courts	2.35pm-3.45pm
Prim C	David Leung	Thurs	Supergrass Courts	2.35pm-3.45pm
Yr 4 development	Lisa Foster	Thurs	Prep School Courts	2.35pm-3.45pm

T-BALL			COORDINATOR; SAM BARTON sbarton@pac.edu.au	
Year 4/5 T-Ball x 2 teams	Heather O'Hara and Mandy Bell	Thurs	Front oval, near Prep Gym	2.35pm-3.45pm

VOLLEYBALL			COORDINATOR : DARREN ROYLETT droylett@pac.edu.au	
Open B x 2 teams	Ashleigh Morgan and Henry Bittner	Wed	RED Centre Stadium 2	3.45pm-5.00pm
Middle B and C	Emily Bown and Steven Trang	Wed	RED Centre Stadium 2	3.45pm-5.00pm
Year 5/6	Anne Melbourne	Thurs	RED Centre Stadium 1	2.35pm-3.45pm

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WATER POLO			COORDINATOR:SCOTT PARKER sparker@pac.edu.au	
Open A and B	Shaun Baker/ Scott Parker/Tim Jolly/William Dayman /Stefan Porobic/Blas Pinero	Mon Tues and Thurs	PAC Pool and Adelaide Aquatic Centre	Mon PAC Pool :7.00-8.00am swim training Tues : AAC 4.00pm-5.00pm Thurs :Open A and goals PAC Pool 7.00am-8.00am
Year 10 and Open	Shaun Baker/ Scott Parker/Tim Jolly/William Dayman	Wed	PAC Pool	7.00am-8.00am
Year 8 and 9	Shaun Baker/ Scott Parker/Tim Jolly/William Dayman	Wed	Adelaide Aquatic Centre	4.00pm-5.00pm

SWIMMING			COORDINATOR;HAYDEN CLEVELAND hccleveland@pac.edu.au	
All swimmers 7-12	Hayden Cleveland/Connor Kioussis	Mondays and Fridays	PAC Pool	7.00am-8.00am
SAILING			COORDINATOR: JONATHON SCOBIE jscobie@pac.edu.au	
	Jonathon Scobie	Tues	West Lakes Aquatic Centre	3.40pm-6.45pm
ROWING			COORDINATOR: JAMES HAMMOND jhammond@pac.edu.au	
Senior year 11 and 12	James Hammond	Mon, Tues, Wed, Thurs, Sat	West Lakes PAC Gym	Mon: 5.45am-7.15am West Lakes PAC Gym 3.45pm-5.30pm Tues: West Lakes 5.45am-7.15am

Prince Alfred College Sporting Fixtures

				Wed PAC Gym 3.45pm-5.30pm Thurs: West lakes 3.45pm-6.15pm Sat TBA Weekly
Seniors year 10	James Hammond	Tues, Wed, Thurs, Sat	West Lakes PAC Gym	Tues: West Lakes 3.45pm-6.15pm Wed PAC Gym 7.00am-8.15am Thurs West Lakes 3.45pm-6.15pm Sat TBA Weekly
Intermediates Yr 9	James Hammond	Mon, Tues, Thurs, Sat	West Lakes PAC Gym	Mon : West Lakes 3.45pm-6.15pm Tues West Lakes 3.45pm-6.15pm Thurs : PAC Gym 3.45pm-5.00pm Sat: TBA Weekly
Juniors Yr 8	James Hammond	Mon, Wed, Sat	West lakes PAC Gym	Mon: West lakes 3.45pm-6.15pm Wed: West Lakes 3.45pm-6.15pm Sat: TBA Weekly
Juniors Yr 7	James Hammond	Mon, Wed, Sat	Torrens Boatshed PAC Gym	Mon: PAC Gym 3.45pm-5.00pm

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				Wed: Torrens 3.45pm- 6.00pm Sat: TBA Weekly
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ATHLETICS			COORDINATOR : COORDINATOR: DEB TRENGOVE dtrengove@pac.edu.au	
Prep School yr 3-6 Distance Running	Deb Trengove/Mark Howson	Tues	PAC Front Oval	7.30am-8.15am
Long distance running yr 7- 12	Tim Earle	Wed	PAC Front Oval	7.30am-8.15am
Athletics Training Yr 7- 12	Patrick Gayen/Noah Miles	Wed	PAC Front Oval	7.15am-8.15am
Little Athletics Yr 1- 6	Patrick Gayen/Noah Miles /Deb Trengove	Fri	PAC Front Oval	3.40pm-5.00pm